



PERSONNEL SERVICES  
EMPLOYEE BENEFITS

## RETIREES

### HEALTH BENEFITS

- ANTHEM BLUE CROSS HDPPO
- KAISER HMO

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### • THE HARTFORD GROUP MEDICARE RETIREE PLAN

- KAISER SENIOR ADVANTAGE - HIGH
- KAISER SENIOR ADVANTAGE - LOW

### SUPPLEMENTAL BENEFITS

- PRESCRIPTION COVERAGE
- VISION COVERAGE
- DENTAL PLANS
- MENTAL HEALTH

# PLAN YEAR 2012

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MEDICAL • PRESCRIPTIONS • VISION • DENTAL • MENTAL HEALTH





# MEDICAL PLANS COUNTY OF FRESNO HEALTH CARE BENEFITS COMPARISON - RETIREES

This information summarizes certain key features of the health/dental plans. It is provided for your convenience in comparing plans only. In all cases, **official documents legally govern the plans' operations and benefits**. Retirees must meet the eligibility requirements of the selected plan regarding service area limitations. All benefits are covered as stated only so long as plan requirements for prior authorization, primary care physician referral and/or bona fide emergency or medical necessity are met. All benefits with a notation, "limit \_\_\_\_\_ days" indicate the maximum covered per calendar or contract year. Please contact Employee Benefits at (559) 600-1810 for eligibility and premium payment information. Those enrolling into a Medicare Plan must be eligible for Medicare Parts A + B to qualify for coordination of Benefits with the health plan.

**RATES** PLAN YEAR 1/1/12 to 12/31/12

## MONTHLY PREMIUMS

	PLAN 1		PLAN 2	
	ANTHEM BLUE CROSS HDPPPO Anthem Blue Cross RX Anthem Blue Cross Mental Health MES Vision		KAISER HMO Kaiser RX Kaiser Mental Health Kaiser Vision	
	Delta	or MetLife	Delta	or MetLife
	Dental DPPO	Dental DHMO	Dental DPPO	Dental DHMO
NON-MEDICARE RETIREES (UNDER AGE 65)				
Medical				
Prescription				
Vision				
Mental Health				
Dental Plans				
Retiree Only	\$656.31	\$625.16	\$1,537.70	\$1,506.55
Retiree + Child(ren)	\$1,015.07	\$983.10	\$2,354.45	\$2,322.48
Retiree + Spouse	\$1,147.95	\$1,103.94	\$2,805.51	\$2,761.50
Retiree + Spouse and Child(ren)	\$1,508.49	\$1,459.96	\$3,595.64	\$3,547.11
Medicare & Non Medicare	\$1,182.23	\$1,138.22	*	*

	PLAN 3		PLAN 4		PLAN 5	
	HARTFORD / BENISTAR Express Scripts RX Avante Mental Health MES Vision		KAISER SENIOR ADVANTAGE - HIGH Kaiser RX Kaiser Mental Health Kaiser Vision		KAISER SENIOR ADVANTAGE - LOW Kaiser RX Kaiser Mental Health Kaiser Vision	
	Delta	or MetLife	Delta	or MetLife	Delta	or MetLife
	Dental DPPO	Dental DHMO	Dental DPPO	Dental DHMO	Dental DPPO	Dental DHMO
MEDICARE RETIREES (AGE 65 AND OVER)						
Medical						
Prescription						
Vision						
Mental Health						
Dental Plans						
Retiree Only	\$547.38	\$516.23	\$370.57	\$339.42	\$339.34	\$308.19
Retiree + Spouse	\$1056.80	\$1,012.79	\$706.09	\$662.08	\$643.63	\$599.62

\* Not all Retiree Rate categories are included in this comparison sheet. Please contact Fresno County Employee Benefits at (559) 600-1810 if your situation is not identified.





See Rate Chart for Current Pricing  
See Supplemental Charts for Additional Benefits

**BENEFITS** PLAN YEAR 1/1/12 to 12/31/12

**Calendar-year Deductible: Individual \$1,500/Family \$3,000**

PROVIDERS	In Network	Out of Network
<b>PHYSICIAN SELECTION</b> <i>(Service areas are defined in each plan's benefit summary)</i>	20%	40%
	Covered out-of-state services <i>(Benefits provided through the BlueCard® Program)</i> Benefits provided through the BlueCard® Program, for out-of-state emergency and non-emergency care, are provided at the preferred level of the local Blue Plan allowable amount when you use a Blue Cross/Blue Shield provider.	
<b>PHYSICIAN SERVICES</b> Office Visits/Hospital Care/Home Visits	20% after deductible.	40% after deductible.
<b>PREVENTIVE SERVICES</b>  Routine Physicals - Pediatric and Adult/Laboratory/Immunizations/Annual Breast and Pelvic	Preventive care <i>(not subject to the calendar year deductible).</i>  \$0 co-pay.	40% after deductible.
<b>HOSPITAL SERVICES</b>	Area Hospitals including Saint Agnes, Community Medical Center of Fresno, Clovis Community Hospital, Children's Hospital Central California. * Not all hospitals are listed. Please visit the Anthem Blue Cross website for a complete listing at <a href="http://www.anthem.com/ca">www.anthem.com/ca</a> .	
<b>EMERGENCY SERVICES</b> <i>(When medically necessary)</i>  Ambulance	20%	20%
<b>EMERGENCY ROOM</b> Accident or Illness	20% after deductible.	20% after deductible.
<b>INPATIENT SERVICES</b> Semiprivate Room, ICU Bariatric Surgery	20% after deductible. 20%	40% after deductible. Not covered.
<b>OUTPATIENT SERVICES</b> Surgery/X-RAY/Lab Tests	20% after deductible.	40% after deductible.

PROVIDERS	In Network	Out of Network
<b>SKILLED NURSING FACILITY</b> Freestanding SNF/Hospital SNF Unit	Limited to 100 days per calendar year. 20% after deductible.	40% after deductible.
<b>OTHER BENEFITS</b> Home Health Care/Hospice Care/Inpatient Respite Care	Limited to 100 days per calendar year. 20% after deductible.	40% after deductible.
<b>DURABLE MEDICAL EQUIPMENT</b> Prosthetic Medical Devices	20% after deductible.	40% after deductible. Not limited to maximum.
<b>CHIROPRACTIC, PHYSICAL, OCCUPATIONAL AND SPEECH THERAPY REHABILITATIVE SERVICES</b> Outpatient Services	Limited to 24 visits per calendar year. 20% after deductible.	40% after deductible.
<b>ALLERGY TESTING AND TREATMENT</b>	20% after deductible.	40% after deductible.
<b>HEARING TEST/HEARING AID</b>	20% after deductible. * 1 aid per ear every 36 months.	40% after deductible.
<b>INITIAL EVALUATION SPEECH AND HEARING DISORDERS</b>	20% after deductible.	40% after deductible.
<b>HEALTH EDUCATION</b>	20% after deductible.	40% after deductible. Self-management training and education <i>(if billed by your provider, you will also be responsible for the office visit co-payment).</i>
<b>DIABETES CARE</b>	20% after deductible.	40% after deductible. Equipment, devices and supplies.
<b>ACUPUNCTURE</b>	20% after deductible.	40% after deductible. Limited to 12 visits per calendar year. Out of Network \$30 maximum per visit.

This chart is only a summary of benefits. Please see the Evidence of Coverage, the Disclosure Form and the Group Health Services Contract for the exact terms and conditions of coverage.





See Rate Chart for Current Pricing  
See Supplemental Charts for Additional Benefits



## BENEFITS PLAN YEAR 1/1/12 to 12/31/12

PROVIDERS	In Network	Out of Network
<b>ANNUAL OUT OF POCKET MAXIMUM</b>		
Individual	\$3,000	\$10,000
Family	\$5,000	\$15,000
<b>PRESCRIPTION DRUGS</b> Administered in Hospital or Dr. Office/Outpatient Prescriptions/Dental RX	Benefits provided by <b>Anthem B.C.</b> 20% after deductible. 40% after deductible. (Subject to deductible.)	
<b>VISION BENEFITS</b>	Benefits provided by <b>Medical Eye Services.</b>	
Co-payments	\$5.00 per covered person annually.	
Examinations	<b>Every 12 Months.</b> <i>In Network:</i> Complete eye exam 100%. <i>Out of Network:</i> Maximum payable of \$40.	
Eyeglasses Lenses	<b>Every 12 Months.</b> <i>In Network:</i> Covers standard lenses at 100%. Progressive lenses and polycarbonate lens coverage up to \$89.50. Additional allowances applied to some lens upgrades. <i>Out of Network:</i> Payable based on reimbursement benefit schedule.	
Eyeglass Frames	<b>Every 24 Months.</b> <i>In Network:</i> Allowance \$150 + 20% discount of the amount over \$150 on higher priced frames at participating discount provider locations. <i>Out of Network:</i> Maximum reimbursement of \$75.	
Contact Lenses - Elective Contact Lenses	<b>Every 12 Months in lieu of eyeglasses.</b> <i>In Network:</i> \$130 maximum. <i>Out of Network:</i> \$130 maximum.	
Medically Necessary Lenses	<b>Every 12 Months.</b> <i>In Network:</i> Paid in full. <i>Out of Network:</i> \$250 maximum. Must be pre-authorized by MES Vision.	
Laser Eye Surgery	15% discount through <b>TLC Vision</b> network: <a href="http://www.tlcvision.com">www.tlcvision.com</a> .	
Lens Customization/Additional Benefits	Members responsible for optional upgrades such as lens tints and coatings. Some discounts may apply.	
<b>MENTAL HEALTH SERVICES</b>	Benefits provided by <b>Anthem B.C.</b>	
Inpatient	20% after deductible.	40% after deductible.
Outpatient	20% after deductible.	40% after deductible. Prior authorization required after twelfth visit.





**BENEFITS** PLAN YEAR 1/1/12 to 12/31/12

See Rate Chart for Current Pricing  
See Supplemental Charts for Additional Benefits

<b>PHYSICIAN SELECTION</b> <i>(Service areas are defined in each plan's benefit summary)</i>	Primary care and specialty physician services must be obtained at Kaiser Permanente medical offices by teams of physicians affiliated with the Plan. You are encouraged to choose a personal physician from the staff for you and your family members. Referral to community specialists may be provided when Specialty care services are unavailable at Kaiser Permanente facilities.	<b>SKILLED NURSING FACILITY</b> Freestanding SNF/ Hospital SNF Unit	No charge. "Limit 100 days" per benefit period.
<b>PHYSICIAN SERVICES</b> Office Visits Hospital Care Home Visits	\$15 per provider visit. No charge for inpatient care. No charge.	<b>OTHER BENEFITS</b> Routine Home Care/ Inpatient Respite Care Home Health Care/Home Hospice Care	No charge if prescribed by a Plan physician. 3 visits per day. 100 visits per year.
<b>PREVENTIVE SERVICES</b> Routine Physicals - Pediatric and Adult Laboratory/ Immunizations Annual Breast and Pelvic	No charge. No charge. No charge.	<b>DURABLE MEDICAL EQUIPMENT</b> Prosthetic Medical Devices <b>PHYSICAL, OCCUPATIONAL AND SPEECH THERAPY</b> <b>REHABILITATIVE SERVICES</b> Outpatient Services	20% co-insurance. External prosthetic and orthotic devices. \$15 per visit. Occupational and speech therapy.
<b>HOSPITAL SERVICES</b>	Services available at Kaiser Permanente facilities.	<b>ALLERGY TESTING AND TREATMENT</b>	\$15 per visit. \$3 per injection.
<b>EMERGENCY SERVICES</b> <i>(When medically necessary)</i>  AMBULANCE	Worldwide coverage: Emergency service received within the service area from providers not contracting with health plan are limited to emergencies which might result in death, serious disability or significant jeopardy to the member's condition. Emergency services are provided outside the service area for members becoming ill or injured while outside the service area. \$50 per trip.	<b>HEARING TEST</b> <b>HEARING AID</b>	No charge. \$1,000 per aid every 36 months.
<b>EMERGENCY ROOM</b> Accident or Illness	\$100 per visit, waived if admitted.	<b>INITIAL EVALUATION</b> <b>SPEECH AND HEARING DISORDERS</b>	\$15 per visit.
<b>INPATIENT SERVICES</b> Semiprivate Room, ICU/ Bariatric Surgery <i>(Preauthorization Required)</i>	No charge at participating hospitals. Referral by a Plan physician required for all non-emergency hospital services.	<b>HEALTH EDUCATION/DIABETES CARE</b>	Most classes relating to specific medical conditions are \$15 per visit. Classes relating to general health are provided at a reasonable rate.
<b>OUTPATIENT SERVICES</b> Surgery X-RAY/Lab Tests	\$15 per procedure. No charge.	<b>CHIROPRACTIC CARE</b>  <b>ACUPUNCTURE</b>	\$10 co-pay, "limit 30 visits" per calendar year. Services must be rendered by an American Specialty Health Plan Provider. Not covered.
		<b>ANNUAL CO-PAYMENT LIMIT</b>	\$1,500 for one member. \$3,000 for the Subscriber and all his or her dependents.
		<b>CLAIM FORMS</b>	May be required for out-of-area emergency service.

This chart is only a summary of benefits. Please see the Evidence of Coverage, the Disclosure Form and the Group Health Services Contract for the exact terms and conditions of coverage.





See Rate Chart for Current Pricing  
See Supplemental Charts for Additional Benefits



## BENEFITS PLAN YEAR 1/1/12 to 12/31/12

<b>COORDINATION OF BENEFITS</b>	Required.
<b>PRESCRIPTION DRUGS</b>	
Administered in Hospital or Dr. Office	No charge.
Outpatient Prescriptions	\$10 co-pay ( <i>Generic</i> ); \$20 co-pay ( <i>Brand</i> ), per 30-day supply. Mail orders: 100-day supply for two co-pays.
Dental RX	Same as outpatient.
<b>VISION BENEFITS</b>	
Co-payments	\$15 per visit.
Examinations	No charge.
Eyeglasses Lenses/ Eyeglass Frames/Contact Lenses ( <i>Medically Necessary/Elective</i> )	\$175 allowance toward the purchase of covered lenses, frames and/or cosmetic contact lenses, every 24 months.
Lens Customization/ Additional Benefits	Members responsible for non-basic lens options ( <i>tinting, scratch coating, photo-chromic lenses, etc.</i> ). 25% discount on second pair if purchased within one year.
<b>MENTAL HEALTH SERVICES/CHEMICAL DEPENDENCY</b>	Benefits provided by <b>Kaiser Permanente</b> .
Inpatient	Referral by a Plan physician required for all non-emergency admissions.
Outpatient	\$15 for an individual visit and \$7 for a group visit. \$5 for chemical dependency group visit.





**THE HARTFORD**  
**GROUP MEDICARE RETIREE PLAN**

*Disclaimer: The benefits described are for illustrative purposes only and are not binding.*

See Rate Chart for Current Pricing  
See Supplemental Charts for Additional Benefits

**BENEFITS** PLAN YEAR 1/1/12 to 12/31/12

**\$0 Deductible**

<b>PHYSICIAN SELECTION</b> (Service areas are defined in each plan's benefit summary)	The Hartford Product does not contract with providers. A member may receive health care services from any licensed provider as long as that provider participates in Original Medicare and is willing to accept the terms and conditions of the Hartford Medicare Supplement plan.	<b>OUTPATIENT SERVICES</b>	
<b>PHYSICIAN SERVICES</b> Office Visit Specialist Urgent Care	\$0 co-pay. \$0 co-pay. \$0 co-pay for each Medicare-covered visit.	Surgery	\$0 co-pay for each Outpatient Hospital Facility or Ambulatory Surgical Center visit for surgery.
<b>PREVENTIVE SERVICES</b> Routine Physicals - Adult Laboratory Immunizations Annual Breast and Pelvic	\$0 co-pay. \$0 co-pay. \$0 co-pay (Influenza, Pneumonia and Hepatitis B). Pelvic & Pap — \$0 co-pay. Mammogram — \$0 co-pay.	X-RAY/Lab Tests	\$0 co-pay for each Medicare-covered x-ray visit. \$0 co-pay for Medicare-covered clinical/diagnostic lab test.
<b>HOSPITAL SERVICES</b>	For Medicare-covered hospital stays: \$0 co-pay per admission.	<b>SKILLED NURSING FACILITY</b> Freestanding SNF/ Hospital SNF Unit	For Medicare-covered SNF stays: \$0 co-pay per admission.
<b>EMERGENCY SERVICES</b> (When medically necessary)	This coverage is worldwide and is limited to what is allowed under the Medicare fee schedule for the services performed/received in the United States. Coverage is also available for Emergency or urgent care services while traveling outside the United States during a temporary absence of less than 6 months. Please see EOC for full listing of coverage.	<b>OTHER BENEFITS</b> Home Health Care Home Hospice Care	\$0 co-pay for Medicare covered home health visits. \$0 co-pay.
Ambulance	\$0 co-pay for Medicare-covered ambulance services.	<b>DURABLE MEDICAL EQUIPMENT</b> Prosthetic Medical Devices	0% co-insurance on all Medicare-covered DME and related supplies. 0% co-insurance on all Medicare covered Prosthetic and related supplies.
<b>EMERGENCY ROOM</b> Accident or Illness	\$0 co-pay for each Medicare-covered emergency room visit. Emergency co-pay is waived if the member is admitted to the hospital within 72 hours for the same condition.	<b>PHYSICAL AND OCCUPATIONAL THERAPY, CARDIAC AND PULMONARY REHABILITATION AND SPEECH/LANGUAGE THERAPY</b>	\$0 co-pay per visit for Medicare-covered outpatient rehabilitation services.
<b>INPATIENT SERVICES</b> Semiprivate Room, ICU	For Medicare-covered hospital stays: \$0 co-pay per admission.	<b>ALLERGY TESTING AND TREATMENT</b>	\$0 co-pay.
		<b>HEARING TEST</b> <b>HEARING AID</b>	Not covered. Not covered.
		<b>INITIAL EVALUATION</b> <b>SPEECH &amp; HEARING DISORDERS</b>	\$0 co-pay.
		<b>CHIROPRACTIC CARE</b> <b>ACUPUNCTURE</b>	\$0 co-pay for each Medicare-covered visit. Not covered.
		<b>ANNUAL CO-PAYMENT LIMIT</b>	Not applicable.
		<b>CLAIM FORMS</b>	Not applicable.
		<b>COORDINATION OF BENEFITS</b>	Medicare is primary payer. The Hartford is secondary.

This chart is only a summary of benefits. Please see the Evidence of Coverage, the Disclosure Form and the Group Health Services Contract for the exact terms and conditions of coverage.





# THE HARTFORD GROUP MEDICARE RETIREE PLAN

See Rate Chart for Current Pricing

See Supplemental Charts for Additional Benefits



## BENEFITS PLAN YEAR 1/1/12 to 12/31/12

<b>VISION BENEFITS</b>	
Co-payments	Benefits provided by the <b>MES</b> .
Examinations	\$5 per visit.
Eyeglasses Lenses/ Eyeglass Frames/Contact Lenses ( <i>Medically Necessary/Elective</i> )	\$175 allowance toward the purchase of covered lenses, frames and/or cosmetic contact lenses, every 24 months. Benefits provided by <b>Medical Eye Services</b> .
Lens Customization/ Additional Benefits	Tinting, scratch coating, photo chromic lenses etc. Members responsible for non-basic lens options. 25% discount on second pair if purchased within one year.
<b>PRESCRIPTION DRUGS</b>	
Preferred Generic Retail	Benefits provided by <b>Express Scripts</b> .
Generic Retail	\$0 co-pay.
Preferred Brand and Specialty Retail	\$10 co-pay.
Non-preferred Brand Retail	\$20 co-pay.
	\$30 co-pay.
<b>MENTAL HEALTH SERVICES</b>	
Inpatient	Benefits provided by the <b>Hartford and Avante</b> .
	For Medicare-covered Hospital Stays: \$0 co-pay per admission.
	\$0 co-pay for each Medicare-covered individual or group therapy visit.
Outpatient	Additional services provided by <b>Avante</b> .

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This chart is only a summary of benefits. Please see the Evidence of Coverage, the Disclosure Form and the Group Health Services Contract for the exact terms and conditions of coverage.





# SENIOR ADVANTAGE - HIGH

## BENEFITS PLAN YEAR 1/1/12 to 12/31/12

See Rate Chart for Current Pricing

See Supplemental Charts for Additional Benefits

**PHYSICIAN SELECTION**  
(Service areas are defined in each plan's benefit summary)

Subscriber must have Medicare Parts A and B + D and live within the Kaiser Service Area. Physician's services are provided at Kaiser Permanente Medical Offices by teams of physicians affiliated with the Plan. You may choose a personal physician from the staff for you and your family members.

**PHYSICIAN SERVICES**

Office Visits	\$15 per visit.
Hospital Care	No charge.
Home Visits	No charge when authorized by Plan physician.

**PREVENTIVE SERVICES**

Routine Physicals - Pediatric and Adult	\$0 per visit.
Laboratory	No charge.
Immunizations/ Annual Breast and Pelvic	\$0 per visit.

**HOSPITAL SERVICES**

Hospital services are provided at Kaiser Foundation Hospitals or at other hospitals contracting with the Plan.

**EMERGENCY SERVICES**  
(When medically necessary)

Emergency services are provided at \$50 per visit; waived if admitted. Must be medically necessary and authorized by Plan physician. Worldwide coverage for unforeseen illness or injury.

Ambulance

Provided at \$100 co-pay when medically necessary or authorized by Plan Physician.

**EMERGENCY ROOM**  
Accident or Illness

\$50 per visit, waived if admitted.

**INPATIENT SERVICES**  
Semiprivate Room, ICU

No charge.

**OUTPATIENT SERVICES**

Surgery	\$50 per procedure.
X-RAY/Lab Tests	No charge.

**SKILLED NURSING FACILITY**  
Freestanding SNF/  
Hospital SNF Unit

No charge. Up to 100 days per benefit period. Each benefit period begins on the first day of acute stay or SNF stay and ends on the 61st day after discharge. A new benefit period then begins. Covered in Medicare-certified facility only by referral from Plan Physician.

**OTHER BENEFITS**

Routine Home Care and Inpatient Respite Care/Home Health Care/Home Hospice Care	Part time, intermittent care provided at no charge.
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**DURABLE MEDICAL EQUIPMENT**

Prosthetic Medical Devices	20% co-insurance.
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**PHYSICAL, OCCUPATIONAL AND SPEECH THERAPY**

	\$15 per visit. Inpatient provided at no charge.
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**REHABILITATIVE SERVICES**

Outpatient Services	\$15 per visit.
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**ALLERGY TESTING AND TREATMENT**

	\$15 per visit. \$3 per injection.
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**HEARING TEST**

	\$0 per visit.
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**HEARING AID**

	\$1,000 allowance per device, one device per ear, two devices every 36 months.
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**HEALTH EDUCATION/ DIABETES CARE**

	A variety of health education classes are available.
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**CHIROPRACTIC CARE**

	\$10 co-pay, limit "30 visits" per calendar year. Services must be rendered by an American Specialty Health Plan provider.
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**ANNUAL CO-PAYMENT LIMIT**

	\$1,500 for one member. \$3,000 for the Subscriber and all his or her dependents.
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**CLAIM FORMS**

	May be required for out-of-area emergency service.
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**COORDINATION OF BENEFITS**

	Not applicable.
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KAISER PERMANENTE

SENIOR ADVANTAGE - HIGH

See Rate Chart for Current Pricing  
See Supplemental Charts for Additional Benefits



BENEFITS PLAN YEAR 1/1/12 to 12/31/12

**PRESCRIPTION DRUGS**

Administered in Hospital  
or Dr. Office No charge.

Outpatient Prescriptions Generic: \$5 for up to 100-day supply.  
Brand: \$20 for up to 100-day supply.

**VISION BENEFITS**

Co-payments \$0 per visit.  
Examinations

Eyeglasses Lenses/  
Eyeglass frames/Contact  
Lenses (*Medically  
Necessary/Elective*) \$175 allowance toward the purchase of  
covered lenses, frames and/or cosmetic  
contact lenses, every 24 months.

Lens Customization/  
Additional Benefits Members responsible for non-basic lens  
options (*tinting, scratch coating, photo-chromic  
lenses, etc.*). 25% discount on second pair if  
purchased within one year.

**MENTAL HEALTH  
SERVICES**

Inpatient Referral by a Plan physician required for all  
non-emergency hospital admissions.

Outpatient \$15 per visit; unlimited visits. No limit for  
parity diagnosis (*severe mental illness*).





## SENIOR ADVANTAGE - LOW

## BENEFITS PLAN YEAR 1/1/12 to 12/31/12

See Rate Chart for Current Pricing  
See Supplemental Charts for Additional Benefits

<b>PHYSICIAN SELECTION</b> <i>(Service areas are defined in each plan's benefit summary)</i>	Subscriber must have Medicare Parts A and B + D and live within the Kaiser Service Area. Physician's services are provided at Kaiser Permanente Medical Offices by teams of physicians affiliated with the Plan. You may choose a personal physician from the staff for you and your family members.	<b>OTHER BENEFITS</b> Routine Home Care and Inpatient Respite Care/Home Health Care/Home Hospice Care	Part time, intermittent care provided at no charge.
<b>PHYSICIAN SERVICES</b> Office Visits Hospital Care Home Visits	\$15 per visit. No charge. No charge when authorized by Plan physician.	<b>DURABLE MEDICAL EQUIPMENT</b> Prosthetic Medical Devices	20% co-insurance. 20% co-insurance.
<b>PREVENTIVE SERVICES</b> Routine Physicals - Pediatric and Adult Laboratory Immunizations/ Annual Breast and Pelvic	\$0 per visit. No charge. \$0 per visit.	<b>PHYSICAL, OCCUPATIONAL AND SPEECH THERAPY REHABILITATIVE SERVICES</b> Outpatient Services	\$15 per visit. Inpatient provided at no charge. \$15 per visit.
<b>HOSPITAL SERVICES</b>	Hospital services are provided at Kaiser Foundation Hospitals or at other hospitals contracting with the Plan.	<b>ALLERGY TESTING AND TREATMENT</b>  <b>HEARING TEST</b> <b>HEARING AID</b>	\$15 per visit. \$3 per injection.  \$0 per visit. \$1,000 allowance per device, one device per ear, two devices every 36 months.
<b>EMERGENCY SERVICES</b> <i>(When medically necessary)</i>  Ambulance	Emergency services are provided at \$50 per visit; waived if admitted. Must be medically necessary and authorized by Plan physician. Worldwide coverage for unforeseen illness or injury.  \$100 co-pay when medically necessary or authorized by Plan Physician.	<b>HEALTH EDUCATION/DIABETES CARE</b>  <b>CHIROPRACTIC CARE</b>	A variety of health education classes are available. \$10 co-pay, limit "30 visits" per calendar year. Services must be rendered by an American Specialty Health Plan provider.
<b>EMERGENCY ROOM</b> Accident or Illness	\$50 per visit, waived if admitted.	<b>ANNUAL CO-PAYMENT LIMIT</b>	\$1,500 for one member. \$3,000 for the Subscriber and all his or her dependents.
<b>INPATIENT SERVICES</b> Semiprivate Room, ICU	No charge.	<b>CLAIM FORMS</b>	May be required for out-of-area emergency service.
<b>OUTPATIENT SERVICES</b> Surgery X-RAY/Lab Tests	\$50 per procedure. No charge.	<b>COORDINATION OF BENEFITS</b>	Not applicable.
<b>SKILLED NURSING FACILITY</b> Freestanding SNF/ Hospital SNF Unit	No charge. Up to 100 days per benefit period. Each benefit period begins on the first day of acute stay or SNF stay and ends on the 61st day after discharge. A new benefit period then begins. Covered in Medicare-certified facility only by referral from Plan Physician.		

This chart is only a summary of benefits. Please see the Evidence of Coverage, the Disclosure Form and the Group Health Services Contract for the exact terms and conditions of coverage.





KAISER PERMANENTE

SENIOR ADVANTAGE - LOW

See Rate Chart for Current Pricing  
See Supplemental Charts for Additional Benefits



## BENEFITS PLAN YEAR 1/1/12 to 12/31/12

**PRESCRIPTION DRUGS**

Administered in Hospital or Dr. Office	No charge.
Outpatient	Generic: \$10 for up to 30-day supply. Brand: \$25 for up to 30-day supply.
Prescriptions	Generic: \$20 for up to 100-day mail order supply. Brand: \$50 for up to 100-day mail order supply.

**VISION BENEFITS**

Co-payments	\$0 per visit.
Examinations	
Eyeglasses Lenses/ Eyeglass frames/Contact Lenses ( <i>Medically Necessary/Elective</i> )	\$175 allowance toward the purchase of covered lenses, frames and/or cosmetic contact lenses, every 24 months.
Lens Customization/ Additional Benefits	Members responsible for non-basic lens options ( <i>tinting, scratch coating, photo-chromic lenses, etc.</i> ). 25% discount on second pair if purchased within one year.

**MENTAL HEALTH SERVICES**

Inpatient	Referral by a Plan physician required for all non-emergency hospital admissions.
Outpatient	\$15 per visit; unlimited visits. No limit for parity diagnosis.



BENEFITS

DELTA DENTAL DPPO Plan

MetLife DHMO Plan

<b>SUMMARY</b>	Plan will pay a portion of the bill after deductible is met. The Plan's portion for covered basic and preventive services is 100% of the covered dental expense. All covered major services and some basic services are paid at 50% of the covered dental expense. Dental implants and composite fillings may be covered.	Members receive benefits from one of the participating dentists in the network. The plan covers most preventive diagnostic, restorative and other basic procedures at NO CHARGE. Major procedures may require fixed co-pays.
<b>DENTIST SELECTION</b>	All covered persons may select a dentist without restriction. If a participating dentist is selected, the member may have a reduction in out-of-pocket costs.	Members must select a dentist from the list of Plan approved dentists.
<b>DEDUCTIBLE</b>	Basic and Major Services: \$50 per person, \$150 per family per calendar year. No deductible for Preventive/Diagnostic services from a PPO dentist, and Orthodontic services.	No deductible.
<b>MAXIMUM BENEFITS</b> Predetermination of Benefits	\$2,500 per person per year. (Maximum Waived for Diagnostic, Orthodontia & Preventive Services)	No annual maximum.
<b>EMERGENCY SERVICES</b>	Covered the same as routine services.	Palliative treatment of pain only.
<b>CLAIM FORMS</b>	Participating dentists will submit claim forms for you.	No claim forms are necessary except for out-of-the-area emergencies.
<b>COORDINATION OF BENEFITS</b>	The plan will coordinate with other coverages if the person is qualified in more than one plan.	The plan will coordinate with other coverages if the person is qualified in more than one plan for specialty claims only.
<b>SERVICE AREA</b>	No service limitations in California.	No service limitations in California.
<b>BENEFIT PROVISIONS</b> <b>BASIC/PREVENTIVE SERVICES</b> Diagnostic Services Examinations, X-rays, Check-ups  Preventive Services/Cleanings & Fluoride Treatment	<b>Preferred Provider Dentist</b>	
	<b>Non-preferred Provider Dentist</b>	
	0% (Deductible Waived)  0% * (Deductible Waived) *Extra visit for pregnancy.	No charge (except for resin/composite fillings on posterior teeth; the co-pays for these procedures range from \$85-\$140). The no charge is for amalgam for all teeth and resin/composite for anterior teeth.  No charge.



## BENEFITS



## MetLife DHMO Plan

	Preferred Provider Dentist		Non-preferred Provider Dentist		
	10%	10%	10%	10%	
<b>Restorative Services/Fillings, Pulp Capping</b>					Members receive benefits from one of the participating dentists in the network. The plan covers most preventive diagnostic, restorative and other basic procedures at NO CHARGE.
<b>OTHER SERVICES - Endodontics (minor)/Treatment of Gums (minor)/Teeth Bleaching (DHMO Only)</b>	50%		50%		No charge, except for teeth bleaching.
<b>MAJOR SERVICES - Oral Surgery Impactions/Root Canals/ Apicoectomy/Periodontal Surgery/Crowns/Bridges/Dentures/Other Prosthetics/Simple Extractions/Implants (DPPO Only)</b>	50%		50%		Most services do not require a co-pay. Co-pay may be required for an upgrade from a base metal to a precious metal.
<b>OTHER BENEFITS - Orthodontia* (Teeth Straightening - Adults and Children)</b>	Adult member (age 20 and over) \$1,880 co-pay per case. Child member (through age 19) \$1,660 co-pay per case. One case per lifetime. Maximum of 24 months of active orthodontic treatment.				Adult member (age 20 and over) \$1,400 co-pay per case. Child member (through age 19) \$1,300 co-pay per case.
<b>EXCLUSIONS /LIMITATIONS</b>	More than two cleanings per calendar year; Lost/stolen appliances; Cosmetic dentistry; Charges in excess of customary for Nonparticipating dentists; Hospital expenses; Prescription drugs; Replacement of prosthetics within 5 years of placement; Unnecessary/Experimental procedures; Treatment to alter vertical dimension; TMJ treatment; Other exclusions/limitations as provided in policy.				Lost/stolen appliances; Cosmetic dentistry (except those noted within the schedule of benefits); Hospital expenses; Replacement of repairable dentures; Orthognatic surgery; Implants; Experimental/unnecessary procedures; Treatment to alter vertical dimension; TMJ treatment; Other exclusions/limitations as provided in policy.



➔ **ADDITIONAL RESOURCES FOR RETIREES**

**[www.co.fresno.ca.us/openenrollment](http://www.co.fresno.ca.us/openenrollment)**

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**MEDICAL**

*Anthem Blue Cross HDPPPO (\$1,500) / Phone: (866) 207-9878*  
*Kaiser HMO Pre-65 / Phone: (800) 464-4000*  
*The Hartford / Benistar / Phone: (800) 236-4782*  
*Kaiser Senior Advantage (High and Low) / Phone: (800) 443-0815*  
*24/7 Nurseline for HDPPPO / Phone: (866) 800-8780*

**DENTAL**

*Delta Dental DPPO Group Number: 5879 / Phone: (800) 765-6003*  
*MetLife Dental DHMO / Phone: (800) 880-1800*

**VISION – MEDICAL EYE SERVICES**

*Group Number: 23004 / Phone: (800) 877-6372*

**MENTAL HEALTH – AVANTE**

*Phone: (559) 261-9060*



**PERSONNEL SERVICES  
EMPLOYEE BENEFITS**

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