Grant Name: Fresno County Department of Public Health Grant Number: 12-10160

- GOAL 1: The target population (Supplemental Nutrition Assistance Program-Education (SNAP-Ed)/Nutrition Education and Obesity Prevention (NEOP) participants and those eligible up to 185% Federal Poverty Level (FPL)) is empowered and enabled to select healthy foods and beverages and increase physical activity through nutrition education, social marketing and environmental supports.
- **Objective 1:** (Infrastructure) Annually, grantees will complete and submit all required reports and forms on or before each deadline, comply with all onsite and desk reviews, and participate in a minimum of five *Network*-sponsored community events and trainings.

☐ Individual ☐ Interpersonal: Social	Groups M Institutional/Organizational	I \boxtimes Community \boxtimes Policy/Environmental
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Activities	Responsible Party	Deliverables	Timeframe
1. Complete all mandatory documentation such as Survey Monkeys, the Semi-Annual Progress Report, Annual Progress and Final Reports, which includes progress reports, progress report narratives, labeled attachments and deliverables, and completed Education Administrative Reporting System (EARS) Activity Tracking Forms (ATF) on or before due date each grant year.		Documents completed and submitted to Network	10/01/2012- 9/30/2016 Semi Annual reports due on April 15 each year
			Annual reports due on September 30 of each year
2. Comply with all requests from Grant and Program Managers including programmatic and fiscal onsite or desk reviews. Upon request, provide documentation to the <i>Network</i> and follow protocols to ensure compliant with requirements.		Documents upon request Onsite request	10/01/2012- 9/30/2016
3. Comply with all requests from Grant Compliance Monitoring Unit (CCMU) Reviews bi-annually including responding to CCMU Reports and Correction Action Plans (CAPs).		Document preparation Onsite review CAP	10/01/2012- 9/30/2016

Activities	Responsible Party	Deliverables	Timeframe
 4. All grantees receiving funds over \$200,000 are recommended to sub-grant with local entities in FFY 2013 such as: a. School channels b. Local city governments and c. Community-based organizations (CBOs) To provide nutrition education and obesity prevention strategies to low-income population particularly reaching ethnic groups with health disparities. 		Sub-grantee bidding documentation Sub-grantee agreement	10/01/2012- 9/30/2013
 5. By April 1, 2013, all grantees receiving funds over \$200,000 are required to have funding opportunities available for sub-grantees (15%-50% of total grant) such as: a. School channels b. Local city governments and c. Community-based organizations (CBOs) 		Sub-grantee bidding documentation Sub-grantee agreement	4/01/2013
6. By October 1, 2013, all sub-grantees must be in place and fully implementing nutrition education obesity prevention strategies to low-income population particularly reaching ethnic groups with health disparities.		Sub-grantee bidding documentation Sub-grantee agreement	10/1/2013
7. Comply with the United States Department of Agriculture (USDA) regulations and guidelines to ensure all activities are allowable and appropriately documented. Must submit updated USDA Plan documents annually. Comply with the Network Guideline Manual and Program Letter updates.		Documents (on file)	10/01/2012- 9/30/2016

	Activities	Responsible Party	Deliverables	Timeframe
8.	Participate in ongoing local activities supporting statewide social marketing campaign. Provide nutrition education/physical activity promotion resources to local programs, including collaboration with		Record of participation in activities	Report Annually:
	the following existing programs: a. University of California Cooperative Extension CalFresh Education Program		activities	10/01/2012- 9/30/2016
	b. Supplemental Nutrition Assistance Program (SNAP/CalFresh)c. SNAP-Ed funded projects			
	 d. Local social services agency and e. Organizations conducting CalFresh outreach and nutrition education and obesity prevention efforts when appropriate. 			
9.	 Annually, attend a minimum of five <i>Network</i>-sponsored meetings, trainings and conferences that may include the following: a. Community Engagement trainings b. Regional Network Collaborative meetings c. <i>Network</i> Conference and other <i>Network</i>-sponsored regional trainings d. California Conference of Local Health Department Nutritionists (CCLHDN) annual conference e. <i>Rethink Your Drink</i> trainings f. <i>Communities of Excellence in Nutrition, Physical Activity and Obesity Prevention</i> (CX³) trainings g. Non-<i>Network</i> sponsored trainings pre-approved by the <i>Network</i> Program Manager (PM). 		Copies of agendas, Record of participation	Report Annually: 10/01/2012- 9/30/2016
10	Attend Geographic Information Systems (GIS) basic or advanced trainings offered by the <i>Network</i> . Apply GIS as a tool to strategically plan interventions in qualifying community sites.		Record of participation site list	Report Annually: 10/01/2012- 9/30/2016

Activities	Responsible Party	Deliverables	Timeframe
11. Report community changes that have been directly influenced by SNAP-Ed intervention. Describe the impact they have had on providing access to healthy foods, beverages and physical activity (PA) to the target population. Report findings by way of online database or other mechanism provided by the Network.		Template form	Report Annually: 10/01/2012- 9/30/2016
 12. Develop and sustain at least one partnership with each of the following: a. Ethnic communities b. Local city governments c. Community-based organizations (CBOs) and d. School channels. e. Healthcare partnerships such as federally-qualified health centers Report Semi-Annually and annually names of partners, roles or partners, types of partners (hunger, equity, minority, low-income, faith, business, public sector, community leaders and/or other). 		Partnership spreadsheet Dated log of contacts	Report Annually: 10/01/2012- 9/30/2016
13. Complete Local Health Department (LHD) Infrastructure Assessment tool provided by the Network by the second quarter of the first grant year to assess county needs.		Completed LHD Assessment tool	3/31/2013 Semi Annual reports due on April 15 each year

Activities	Responsible Party	Deliverables	Timeframe
 14. At the end of the grant term grantee will compile a Demographics Profile report, using most recent available data, at the county-level including the following: a. CHIS b. Fitnessgram data c. SNAP Program Access Index (PAI) d. Retail Food Environment Index (RFEI) and e. Pediatric Nutrition Surveillance System (PedNSS) This report will describe demographic findings compared to early demographic assessment (i.e., Form 4, "Profile Jurisdiction, and Demographics of Target Population"). A template of the report will be provided by the <i>Network</i> PM. 		Completed Template NEOP report form	Final Report due: 9/30/2016

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- **GOAL 1:** The target population (Supplemental Nutrition Assistance Program-Education (SNAP-Ed)/Nutrition Education and Obesity Prevention (NEOP) participants and those eligible up to 185% Federal Poverty Level (FPL)) is empowered and enabled to select healthy foods and beverages and increase physical activity through nutrition education, social marketing and environmental supports.
- **Objective 2:** (Process) Annually, the County Nutrition Action Plan (CNAP) team will convene at least four times to implement the CNAP through coordinated partnerships, which include Food and Nutrition Service (FNS) two funded and two unfunded partners, to develop a plan of action that increase consistent nutrition messaging and access across all programs.

☐Individual ☐ Interpersonal: Soci	al Groups 🖂 Institutional/	Organizational 🔀 Commu	nity 🛛 Policy/Environmental
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Activities	Responsible Party	Deliverables	Timeframe
Grantee will meet with CalFresh county director or designee quarterly to coordinate an optimal plan of action providing nutrition education and other resources to CalFresh recipients and eligibles. Grantee will establish on-going communication throughout the year maintaining the relationship. Develop or strongthon relationship with least assist continue.		Copies of agendas (on file), Record of participation	Report Annually: 10/01/2012- 9/30/2016
 a. Develop or strengthen relationship with local social service CalFresh agencies to discuss food security, education and health issues b. Identify a series of joint activities to coordinate nutrition education and obesity prevention across the county c. Connect with at least one CalFresh outreach/community partner quarterly to collaborate and coordinate at least one outreach and nutrition education activity or event 		List of joint activities Four events ATF	

Activities	Responsible Party	Deliverables	Timeframe
 2. Convene CNAP group (or other existing nutrition education obesity prevention group) at a minimum of four times per year to implement the plan of action. Coordinate USDA food program interventions and efforts to increase food security in the target population. a. Include FNS funded and unfunded interested partners serving the target population in the areas of food programs, nutrition education and outreach such as SNAP, UC CalFresh Nutrition Education Program, Women Infants and Children Supplemental Nutrition Program (WIC), and Child Nutrition Programs (Summer meals, Child and Adult Care Food Program (CACFP), school breakfast and lunch programs b. Coordinate nutrition education messages with CalFresh outreach efforts throughout the county for the various USDA food programs; CalFresh, WIC, and Child Nutrition Programs c. In funded Community Transformation Grant (CTG) counties include CTG partners to coordinate and complement efforts in designated counties d. Identify existing resources and assets of organizations in counties promoting CNAP priorities 		List of collaborating members, Meeting agendas	Report Annually: 10/01/2012- 9/30/2016
 Apply public health approaches to identify, track, and promote existing policies in the county related to access to healthy foods and beverages and physical activity. 		Summary of efforts template	Report Annually: 10/01/2012- 9/30/2016

Activities	Responsible Party	Deliverables	Timeframe
 4. Apply multi-level approaches to advance and market a minimum of one nutrition and obesity prevention intervention annually that relates to the County Nutrition Action Plan. Multi-level approaches shall benefit the recipients of the FNS programs by providing access to healthy foods, beverages and/or PA. Submit a CNAP plan of action for review and approval to the <i>Network</i> PM. Strategies may include: a. Increase access to farmer's markets through location, Electronic Benefit Transfer (EBT) and WIC coupon acceptance to increase consumption of fresh fruits and vegetables b. Increase Farm to Fork efforts in qualified schools, work places and community organizations, etc. to increase access to fresh fruits and vegetables c. Improve access to FNS programs such as school breakfast, lunch and summer meals, CalFresh and WIC d. Promote access to physical activity facilities through joint use policies e. Promote access to healthy foods and beverages f. Establish gardens in eligible community sites such as schools or public housing 		Copy of the County Nutrition Action Plan	Report Annually: 10/01/2012- 9/30/2016
 5. Report the following results: a. CNAP strategic plan b. Challenges and successes of implementing CNAP plan c. The upcoming direction of the counties coordination with CalFresh and other CNAP partners for the following fiscal year including roles, commitments, and timelines for plan of action. 6. Maintain county collaborative and meet at the minimum four times per 		Copy of the County Nutrition Action Plan, Other strategic reports Collaborative	Report Annually: 10/01/2012- 9/30/2016 Report Annually:
year. Collaborate and coordinate with the CNAP and provide train the trainer opportunities to promote the CNAP nutrition and obesity prevention intervention to additional funded and unfunded partners. (optional, only include in counties that have a single county collaborative)		meeting agendas	10/01/2012- 9/30/2016

GOAL 1: The target population (Supplemental Nutrition Assistance Program-Education (SNAP-Ed)/Nutrition Education and Obesity

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Prevention (NEOP) participants and those eligible up to 185% Federal Poverty Level (FPL)) is empowered and enabled to select healthy foods and beverages and increase physical activity through nutrition education, social marketing and environmental supports.

Objective 3: (Process) By September 30, 2013, complete the *Communities of Excellence in Nutrition*, *Physical Activity and Obesity Prevention* (CX³) neighborhood assessment or reassessment process in 7-12 SNAP-Ed-eligible neighborhoods.

\boxtimes	Individual 🖂	Interpersonal:	Social/Groups	Institutional/Organizational		□ Policy/Environmental
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Activities	Responsible Party	Deliverables	Timeframe
1. CX ³ Training/Meetings:		Training/meeting	10/1/2015-
Participate in all <i>Network</i> -sponsored CX ³ assessment related		agendas,	9/30/2016
trainings and meetings:		certificate of	
a. CX ³ orientation,		completions	
b. Geographic Information System (GIS) mapping			
c. Survey/Field work,			
d. Data collection on reading your data			
e. Others as needed			
The trainings shall prepare for the neighborhood assessment of the			
food and physical activity environment including:			
a. Walkability assessments			
b. Access to healthy foods			
c. Opportunities for PA,			
d. Identify food deserts in the eligible community etc.			
2. Provide at least three CX ³ presentations to a variety of the target		Presentation	10/1/2015-
stakeholders explaining the project, encourage participation, and		Outline(s)	3/31/2016
utilization of data. Stakeholders include: health department			
leadership, community organizations (e.g., coalitions, collaboratives),			
and events with neighborhood residents, city/county officials.			

Activities	Responsible Party	Deliverables	Timeframe
3. Tier 1 (GIS mapping)—identify qualifying neighborhoods: a. Identify seven to twelve qualifying neighborhoods using the Network's GIS, complete Tier 1 mapping worksheet using GIS and other on-line data sources, and share with appropriate 		Completed mapping worksheet submitted	10/1/2015- 3/31/2016
stakeholders. Note: reassessing grantees are required to re-survey all		to <i>Network</i> Program Manager and CX ³ team	
neighborhoods where interventions are conducted as a result of CX ³ findings.		List of stakeholders	
 Tier 2 (Field work/surveying) - assessing and reassessing a. Organize health department staff and community partners to assist in the CX³ neighborhood data collection using CX³ tools 		Training agendas, Sign-in sheets	10/1/2015- 9/30/2016
 and methods, and analyze, interpret and share local data and information b. Conduct trainings of surveyors, which should include the 		Completed Tier 2 data surveys,	
involvement of adult and youth community members from qualifying neighborhoods, as well as community leaders. Oversee Tier 2 field work utilizing all appropriate CX ³ surveys and tools. Organize survey data, provide to the <i>Network</i> CX ³ team for		Data analysis	
analysis c. After receipt of data analysis, complete all template Communications Tools for each neighborhood surveyed		Communication tools	

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- GOAL 1: The target population (Supplemental Nutrition Assistance Program-Education (SNAP-Ed)/Nutrition Education and Obesity Prevention (NEOP) participants and those eligible up to 185% Federal Poverty Level (FPL)) is empowered and enabled to select healthy foods and beverages and increase physical activity through nutrition education, social marketing and environmental supports.
- **Objective 4:** By September 30, 2016, prioritize identified problem areas based on CX³ findings and feedback from at least three community forums to reach 150 community members, and utilize to develop and implement at least three *Network* allowable interventions with environmental supports.

Social Ecological Model:

Activities	Responsible Party	Deliverables	Timeframe
1. Using communications tools (e.g., fact sheets, briefs) present findings to a	;	Forum/Town	10/01/2015-
variety of stakeholders, involving community members where appropriate.	Sub-grantee A	hall Agenda	09/30/2016
 a. Host three – five nutrition education obesity prevention community 			
forums/town halls reaching at least 75 neighborhood residents or		List of	
individuals from the target population to review CX ³ findings and		county/city	
determine greatest areas of concern as well as provide dynamic nutrition		officials with	
education obesity prevention strategies		contact dates	
b. Provide CX ³ findings to all relevant city/county level departments and			
officials (e.g., planners, etc.) where data on the CX ³ neighborhoods		List of	
would guide/inform decisions and promote increased access to healthy food		Champions	
c. Identify potential neighborhood Champions including Champion retail		CX ³ Media	
food sources for future intervention work and campaigns		highlights	
d. As relevant, share CX ³ findings with local media to highlight areas of			
concern and opportunities for action (e.g. newspaper, television)		_	
2. Create and submit CX ³ Implementation Strategy Narrative to <i>Network</i>		Strategic	10/01/2015-
Program Manager for review and approval prior to implementation.		Narrative	09/30/2016
		submitted to	
		Network	
		Program	
		Manager	

Activities	Responsible Party	Deliverables	Timeframe
3. Implement and market nutrition and obesity prevention strategies using		Promotion	Report
public health approaches and Network allowable interventions		plan of action	Annually:
implemented in the eligible neighborhoods.			10/01/2012- 09/30/2015

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- **GOAL 1:** The target population (Supplemental Nutrition Assistance Program-Education (SNAP-Ed)/Nutrition Education and Obesity Prevention (NEOP) participants and those eligible up to 185% Federal Poverty Level (FPL)) is empowered and enabled to select healthy foods and beverages and increase physical activity through nutrition education, social marketing and environmental supports.
- **Objective 5:** (Process) Collaborate with three community groups and two other organizations to engage 75 neighborhood members to identify at least two food and beverage strategies in six qualifying communities to increase access and consumption of healthy foods and beverages.

Activities	Responsible Party	Deliverables	Timeframe
 Collaborate with new partners to form a sub group of the CNAP or independent food council. Meet at least four times per year to 		List of members,	Report Annually:
improve the food and nutrition environment in the designated county. Examples of key partners include: a. Agriculture Commission		Summary of meeting results	10/01/2012- 9/30/2016
b. Hunger Advocatesc. Social Justice groupsd. Residents			
e. Youth			
 Through CX³ assessment in qualifying neighborhoods identify gaps in access and consumption of healthy foods and beverages and physical activity opportunities. 	; Sub-grantee A	Assessment results	10/01/2015- 3/31/2016

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Activities	Responsible Party	Deliverables	Timeframe
3. Host at least one county health forum to address primary prevention of	• ,	Flyers,	10/01/2012-
diseases through healthier eating patterns and more physical activity.	Sub-grantee A	Agenda,	3/31/2013
Recruit community leaders and members to participate in the forum		Summary of	
from schools, after schools, worksites, CalFresh and WIC offices, faith-		meeting	10/01/2014-
based channels etc. Some strategies may include:		results	3/31/2015
a. Identify health disparities in communities related to nutrition and			
physical activity barriers and propose solutions			
b. Increase awareness of existing food policies in qualifying			
neighborhoods			Semi Annual reports
c. Use CX ³ assessment findings to promote the need for farmers			due on April 15 each
markets to increase access to fresh fruits and vegetables,			year
increased healthy food availability in corner stores, healthier			
options at local worksites, schools and churches and increased access to physical activity opportunities in qualifying			
neighborhoods.			
Provide technical assistance to neighborhood members on strategies		TA log	3/31/2013-
to increase access and consumption of healthy foods and beverages	Sub-grantee A	1 A log	09/30/2014
and physical activity opportunities such as:	oub grantoo / t	ATF/EARS	00/00/2011
a. Data interpretation, i.e. CX ³ findings		7 , _ ,	
b. Nutrition education and obesity prevention resources and classes			
c. Healthy food and beverage promotion plans			
d. Successful community models			
e. Guidance on joint use policies			
5. Provide technical assistance (TA) to neighborhood members through	• •	TA log	10/01/2013-
educational and social marketing strategies. Some strategies may	Sub-grantee A		9/30/2014
include:		ATF/EARS	
a. Youth Engagement			
b. Peer to Peer education			
c. Social Marketing Campaigns			
d. Establishing community gardens and/or farmers markets			
6. Provide technical assistance to neighborhood members for monitoring	;	Summary of	10/01/2014-
and evaluating neighborhood changes.	Sub-grantee A	changes	9/30/2015

GOAL 1: The target population (Supplemental Nutrition Assistance Program-Education (SNAP-Ed)/Nutrition Education and Obesity Prevention (NEOP) participants and those eligible up to 185% Federal Poverty Level (FPL)) is empowered and enabled to

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select healthy foods and beverages and increase physical activity through nutrition education, social marketing and environmental supports.

Objective 6: (Process) Annually, a minimum of 2000 unduplicated SNAP-Ed-eligible individuals in the community will participate in 40 evidence-based nutrition-education classes designed to increase consumption of healthy foods and improve self-efficacy to promote change at the individual, family and organizational level.

Social Ecological Model: ⊠Individual ⊠ Interpersonal: Social Groups □ Institutional/Organizational ⊠ Community □ Policy/Environmental

Activities	Responsible Party	Deliverables	Timeframe
 Assess the attitudes, knowledge, beliefs and skills related to nutrition education and develop a plan of action. Specifically focused on increasing the access and consumption of healthy foods, <i>Harvest of</i> the Month, MyPlate, the 2010 Dietary Guidelines for Americans (DGAs), and the needs of the target population. 	Project Coordinator; Research Specialist; Sub-grantee A; Sub-grantee E (years 2-4)	Results of the Assessment, Plan of Action	Report Annually: 10/1/2012-9/30/2016
 2. Make preparations for conducting a minimum of 40 nutrition education classes. If classes are utilized as part of the Impact/Outcome Evaluation, a minimum of a five-class series is required. Each class will include skill-based lessons/activities, such as cooking activities, label reading etc. Each class will use Network-approved materials and follow 2010 Dietary Guidelines. Preparations may include: a. Organizing materials, b. Selecting class assessment survey c. Purchasing food samples 	Project Coordinator; Sub-grantee E (years 2-4)	Copies of lesson plans	Report Annually: 10/1/2012-9/30/2016
3. Train staff to conduct nutrition education classes. Attend Network training if using the Network Toolbox for Community Educators.	Project Coordinator; Sub-grantee E (years 2-4)	Training agenda, List of materials discussed	Report Annually: 10/1/2012-9/30/2016

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Activities	Responsible Party	Deliverables	Timeframe
4. Recruit participants through Champion Moms, Community-Based Organizations (CBOs), CalFresh offices, schools, WIC or other CNAP partners to increase participation in classes. Recruit ethnic minorities, (Latinos, African Americans, Native Americans and Asian Pacific Islanders) with health disparities to attend classes that are linguistically and culturally appropriate. Select priority groups based on your Project Synopsis and LHD infrastructure assessment.	Project Coordinator; Sub-grantee E (years 2-4)	Documentatio n of recruitment efforts	Report Annually: 10/1/2012-9/30/2016
5. Conduct 40 nutrition education classes to reach minimum of 2000 unduplicated SNAP-Ed-eligible individuals.	Project Coordinator; Sub-grantee E (years 2-4)	Sign-in sheets (on file), of classes taught, Unduplicated # of participants, ATF	Report Annually: 10/1/2012-9/30/2016

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Objective 7: (Process) Annually, conduct a minimum of four community events to reach 1500 SNAP-Ed-eligible individuals promoting healthy foods and beverages and physical activity and invite local media outlets to highlight two of these events.

☐Individual ☐ Interpe	ersonal: Social Groups 🗵	🛚 Institutional/Organizational [$oxed{oxed}$ Community $oxed{oxed}$ Poli	icy/Environmental
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Activities	Responsible Party	Deliverables	Timeframe
 Conduct a minimum of four nutrition education obesity prevention promotional events. Coordinate at least two local media and public relations effort that highlights Network-signature promotions, which 	Sub-grantee E (years 2-4)	List of coordinated events.	Report Annually:
may include : a. Fruit and Veggie Fest b. Juneteenth	(years 2 4)	ovonto.	10/1/2012-9/30/2016
c. Latino Health Awareness Monthd. Food Day			
2. Provide local support for the minimum of one Network media-related effort. Activities may include:	Sub-grantee E	Log or list of support	Report Annually:
 a. Participation in launch event b. Serving as local spokesperson c. Providing comment and feedback on media-related materials d. Participating on relevant workgroups e. Collaborate with partners when planning nutrition/physical activity promotion events 	(years 2-4)	activities provided for events	10/1/2012-9/30/2016
3. Prepare for each event by identifying target audience, organizing materials and intervention strategies to be used, training staff, selecting Network Research and Evaluation Section (RES)-approved	Sub-grantee E (years 2-4)	Samples of materials, flyers,	Report Annually:
method of event evaluation, and promotion methods of event such as use of flyers and update of webpage.	,	website. Training sign in sheets, Event planning outline	10/1/2012-9/30/2016

	Activities	Responsible Party	Deliverables	Timeframe
	Purchase local media buys (bus shelters, billboards, radio ads) of reviewed and approved messages in GIS identified qualifying neighborhoods to create a stronger media presence in local markets. (optional and funds must be included in budget)		Paid Media ads	Report Annually: 10/1/2012-9/30/2016
5.	The local health department lead staff will provide local countywide coordination and designated spokesperson for all <i>Network</i> -funded events and interventions covered by local media throughout the county jurisdiction in conjunction with other SNAP-Ed funded projects. (optional if conducting extensive media in county)		Media log	Report Annually: 10/1/2012-9/30/2016

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- **GOAL 1:** The target population (Supplemental Nutrition Assistance Program-Education (SNAP-Ed)/Nutrition Education and Obesity Prevention (NEOP) participants and those eligible up to 185% Federal Poverty Level (FPL)) is empowered and enabled to select healthy foods and beverages and increase physical activity through nutrition education, social marketing and environmental supports.
- **Objective 8:** (Process) Annually, provide a minimum of five nutrition-education activities, inclusive of kick-off event, in support of local and regional *Rethink Your Drink* healthy beverage education efforts to reach 1275 SNAP-Ed-eligible individuals in qualifying communities and promote and support the minimum of one environmental change that enhances *Rethink Your Drink* efforts.

Social Ecological Model:

 \boxtimes Individual \boxtimes Interpersonal: Social Groups \boxtimes Institutional/Organizational \boxtimes Community \boxtimes Policy/Environmental

Activities	Responsible Party	Deliverables	Timeframe
 Attend a minimum of one Network Rethink Your Drink nutrition education Train the Trainer workshop and one Rethink Your Drink media and spokesperson training. Integrate approved Rethink Your Drink nutrition education materials from your Regional Collaborative and messages from the Regional Media training into designated county's Rethink Your Drink nutrition education activities and events. 	Sub-grantee E (years 2-4)	Training agendas, list of training materials used in activities	Report Annually: 10/1/2012-9/30/2016
2. Provide five trainings to County Health Agency (Dental, Diabetes, Infant Health, CalFresh, WIC, community clinics) on <i>Rethink Your Drink</i> campaign messages and nutrition education materials such as posters, pamphlets, flyers, etc.	Sub-grantee E (years 2-4)	Copies of training agenda, Sign in logs, Copy of materials	Report Annually: 10/1/2012-9/30/2016
3. In coordination with Regional Collaborative event planning, conduct a County Health Department, Rethink Your Drink kick-off event, or public education event which includes invitations to local media.	Sub-grantee E (years 2-4)	Photos, press releases, Event flyer	Report Annually: 10/1/2012-9/30/2016

Activities	Responsible Party	Deliverables	Timeframe
4. Provide nutrition education promoting healthy beverage options at least		Flyers,	Report Annually:
four times during the course of the grant year to SNAP-Ed-eligible	Sub-grantee E	Lesson	
adults. Sample activities may include:	(years 2-4)	Plans, Photos	
a. Instruction on Rethink Your Drink nutrition education lessons and			10/1/2012-9/30/2016
optional taste testing of healthy beverages			
i. Include education of the sugar content of beverages			
ii. Benefits and safety of drinking water			
b. Strategically display <i>Rethink Your Drink</i> nutrition education			
materials: posters, pamphlets, flyers, etc. to reach target audience.			
c. Host a Healthy Beverage interactive booth, exhibit, display or table at qualifying events; reference the Community Events Manual as a			
guide			
d. Use template state developed <i>Rethink Your Drink</i> media pieces			
such as press releases, articles, etc. in local publications that reach			
the target audience			
e. Provide guidance for organizational policies and environmental			
supports for activities promoting healthy beverage options in			
qualifying settings to county and community programs 3			
Note: all nutrition education materials must be approved by the Network			
prior to distribution, with preference for use of existing State Network			
Rethink Your Drink branded materials.			

Activities	Responsible Party	Deliverables	Timeframe
5. Identify priorities and develop a list of environmental support strategies with local partners to increase and promote access to healthy beverage options through public health approaches. Submit summary of local		Summary of local strategies	Report Annually:
strategies to PM for review and approval. Some strategies may include: a. Collaborate with local school district to update their wellness policy to reduce access to sugar-sweeten beverages and provide more healthy beverages option in appropriate serving sizes on campus b. Reduce sugar-sweeten beverages (SSBs) from county welfare		Strategies	10/1/2012-9/30/2016
offices, public housing units, city parks and recreational facilities and/or school vending machines in eligible settings serving low-income populations and provide healthy beverage alternatives in appropriate serving sizes			
 c. Encourage partners to provide free drinking water to the public in common areas at such eligible venues: i. city and county facilities, ii. worksites, schools, iii. preschools, iv. afterschool programs v. community organizations 			
 d. Collaborate with local youth serving organizations working with low-income populations (such as parks and rec, sports leagues, booster clubs, etc.) to ensure that healthy beverages are available at community events for purchase e. Encourage organizations to seek healthy beverage sponsorships 			
6. Advance and market the minimum of one environmental support strategy in an eligible local setting serving the low-income population that increases healthy beverage options and enhances the Rethink Your Drink campaign efforts.		Local strategies implemented	Report Annually: 10/1/2012-9/30/2016
 7. Conduct evaluation activities, to assess all Rethink Your Drink efforts which may include: a. Obtaining input from intermediaries via electronic or printed surveys b. Conducting informal consumer testing of new materials, and/or implementing brief consumer surveys 	Research Specialist and Sub-grantee A	Analysis of Survey results (includes future revisions needed)	Report Annually: 10/1/2012-9/30/2016

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- **Objective 9:** (Formative, Outcome) By September 30, 2016, create an evaluation plan and annually modify the plan based on the previous year's evaluation results and compile a final report on two targeted nutrition education and obesity prevention interventions that include environmental support; one focusing on reducing consumption of sugar sweetened beverages and the other focusing on increasing access and consumption of healthy foods through formative, process and outcome evaluations.

Social Ecological Model:

 \square Individual \square Interpersonal: Social Groups \boxtimes Institutional/Organizational \boxtimes Community \boxtimes Policy/Environmental

Activities	Responsible Party	Deliverables	Timeframe
1. Based on Plan developed in collaboration with <i>Network</i> Research and Evaluation consultant and Program Manager, determine, develop, and implement evaluation method appropriate to the stage of the intervention the organization has chosen to focus their work on for two (2) significant targeted interventions: one each in the areas of reducing consumption of sugar sweetened beverage and increasing access to healthy fresh food (see Baseline Objectives 8.5, 8.6 and 2.4). Mixed methods may be used. In Year 1, the evaluation will be formative, although as the work progress, it will be possible to generate outcomes (see Activity 5). The first year's work cannot begin until the grantee has identified the topics for change including the community engagement process.	Administrator; Research Specialist; Sub-grantee A	Annual evaluation plan An evaluation instrument (s) — structured interview, moderator's guide, survey, etc.	Report Annually: Year 1 Plan and Instrument 10/1/2012- 2/28/2013 Successive Years 10/1/2013 10/1/2014

Activities	Responsible Party	Deliverables	Timeframe
Implement initial method for assessing status of each key intervention effort. The method may be key informant interview,	Administrator; Research	Year 1 Report of findings	Report Annually:
focus group, observation, policy record, public opinion poll, knowledge survey, or other type of survey that will give you the baseline you need to move forward with change.	Specialist; Sub-grantee A	from initial baseline evaluation instrument; description of status of topic in the community; recommendations for direction of policy work on the topic Successive years	Year 1 3/1/2013- 5/1/2013 3/1/2014- 5/1/2014 3/1/2015- 5/1/2015 3/1/2016- 5/1/2016
		Report of evaluation findings; status; recommendations	
3. Use evaluation results to update and modify targeted intervention Plans of Action. (Objective 2, Activity 4 and Objective 8, Activity 7)	Administrator; Research Specialist;	Policy Plans of Action for both interventions	Report Annually:
	Sub-grantee A		6/1/2013- 9/30/2015
4. Report results of the year's two in-depth targeted intervention evaluation projects. A template will be provided by the Research and Evaluation Section.	Administrator; Research Specialist; Sub-grantee A	Interim report of findings from evaluation with description of changes, challenges, and plans regarding proceeding evaluation intervention steps.	9/1/2013- 9/30/2013 9/1/2014- 9/30/2014 9/1/2015- 9/30/2015

Activities	Responsible Party	Deliverables	Timeframe
5. Based on Plan developed with Network Research and Evaluation consultant and Program Manager, determine, develop, and implement evaluation method appropriate to monitor implementation and evaluate outcome of work on the two targeted interventions. Develop evaluation questions to assess the reach, adoption, and fidelity of implementation of the intervention components and core elements (process measures), as well as the effect (outcome). Two final reports must be done 9/1/16-9/30/16. If implementation has not occurred, the report should be directed at describing challenges and strategies for addressing them and offer alternative solutions for achieving the same goals as the unsuccessful targeted intervention. A final report structure will be provided by the Research and Evaluation Section.	Administrator; Research Specialist; Sub-grantee A	Final policy evaluation report	Final Report: 9/1/16- 9/30/16

Grant Name: Fresno County Department of Public Health Grant Number: 12-10160

- GOAL 1: The target population (Supplemental Nutrition Assistance Program-Education (SNAP-Ed)/Nutrition Education and Obesity Prevention (NEOP) participants and those eligible up to 185% Federal Poverty Level (FPL)) is empowered and enabled to select healthy foods and beverages and increase physical activity through nutrition education, social marketing and environmental supports.
- **Objective 10:** (Process) Annually, a minimum of 10 Peer Educators will be recruited from the SNAP-Ed-eligible members in the community to reach a minimum of 100 peers in a minimum four nutrition education/obesity prevention class series promoting food security as well as individual, family and organizational changes.

	s 🗌 Institutional/Organizational 🛚	☐ Community ☐ Policy/Environmental
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Activities	Responsible Party	Deliverables	Timeframe
Recruit Peer Educators in qualified communities from:		Documentation of	Report Annually:
a. Skill-based nutrition education/obesity prevention series classes		recruitment efforts.	
b. CBO participants			10/1/2012-9/30/2016
c. CalFresh officesd. CNAP partners			
e. Community based health centers			
f. Faith-based organizations			
g. Parents at early childcare sites			
h. School/afterschool sites			
Target ethnic specific minorities with health disparities identified in the LHD Infrastructure Assessment.			
Participate in all required Network training related to Peer-to-Peer Education.		Agendas	Report Annually:
			10/1/2012-9/30/2016
3. Project Coordinator and two Peer Educators will attend, in person, a			Report Annually:
one- to two-day training provided by the Network. The training will		Training agenda	
share different peer-to-peer models and best practices.			10/1/2012-9/30/2016
4. Peer Educators will promote and conduct at least four education		Class sign in	Report Annually:
series to reach a minimum of 100 unduplicated SNAP-Ed-eligible		sheets, approved	
individuals.		lesson plans	10/1/2012-9/30/2016

Activities	Responsible Party	Deliverables	Timeframe
Contact and invite local CalFresh outreach organizations to attend at least one education session in the series providing information on		Participation Log	Report Annually:
how to apply for the CalFresh program.			10/1/2012-9/30/2016
Provide, at least three times a year, ongoing technical assistance to Peer Educators including modeling classes, assessment of teaching		Technical Assistance log	Report Annually:
techniques, selection of venues, observation of presentations etc.		_	10/1/2012-9/30/2016
		Observation	
		Report	

Grant Name: Fresno County Department of Public Health Grant Number: 12-10160

- GOAL 1: The target population (Supplemental Nutrition Assistance Program-Education (SNAP-Ed)/Nutrition Education and Obesity Prevention (NEOP) participants and those eligible up to 185% Federal Poverty Level (FPL)) is empowered and enabled to select healthy foods and beverages and increase physical activity through nutrition education, social marketing and environmental supports.
- **Objective 11:** (Impact/Outcome) Annually, conduct and report on Impact Outcome Evaluation (IOE) to assess change in healthy food and beverage consumption and related factors such as perceived benefits of eating healthier foods and beverages, perceived control, self-efficacy, readiness to consume healthier foods and beverages, and perceived diet quality among a group of at least 100 adults.

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Activities	Responsible Party	Deliverables	Timeframe
1. LHD grantee can apply this objective to work done to meet Baseline Objective 6 if it is reasonably expected that sufficient participants will be taking part to demonstrate statistically significant results (n = 100 or more). Identify population for Outcome/Impact Evaluation. Determine if project will include a control group (also n of near 100). Develop Impact Outcome Evaluation (IOE) plan with Research and Evaluation staff. (This work may be done in proposal)	Administrator; Research Specialist; Sub-grantee A	Description of IOE Plan	10/1/2012- 11/30/2012
2. Administer Network Food Behavior Checklist, Fruit and Vegetable Checklist, or Rethink Your Drink surveys for adults (depending on the intervention) or Network Youth (children to grade 8), or Network High School Survey or Rethink Your Drink survey (high school) to target audience at intervention sites, using identification numbers (not names) to protect participant privacy. Pre-tests are to be administered prior to intervention, and post-tests afterwards to measure change in consumption and related factors. If desired, work with Research and Evaluation staff to add validated measures for additional behavioral determinants.	Administrator; Research Specialist; Sub-grantee A	Matched surveys	10/1/2012- 12/15/2012

Activities	Responsible Party	Deliverables	Timeframe
3. Create a data file with pre-test and post-test survey data using Network-provided code sheets and, when possible, using Network provided data entry templates. The data file must contain a minimum of 100 matched pre-and post-tests. Complete data analysis.	Administrator; Research Specialist; Sub-grantee A	Data file	11/1/2012- 7/2013
4. Each grant year, develop an evaluation plan in concert with the Program Manager and Research and Evaluation Section (RES) for the next grant year. Findings from current and prior evaluations will be used to refine nutrition education activities and increase rigor of the subsequent evaluation.	Administrator; Research Specialist; Sub-grantee A	IOE Plan	Report Annually: 10/2012- 7/31/2016
 5. Submit a set of IOE report documents, using Network templates, by July 31st to the Program Manager and RES. This will include: a. IOE Final Report. b. Data file. c. IOE Plan for upcoming year. 	Administrator; Research Specialist; Sub-grantee A	IOE Report, data file, IOE Plan	Report Annually: 10/1/2012- 7/31/2016
Interventions for children use separate RES designed IOE report and plan templates from those designed for adults.			
If conducting multiple evaluations, such as one of children and one of adults, a separate report and plan must be submitted for each evaluation.			

Grant Name: Fresno County Department of Public Health Grant Number: 12-10160

GOAL 1: The target population (Supplemental Nutrition Assistance Program-Education (SNAP-Ed)/Nutrition Education and Obesity Prevention (NEOP) participants and those eligible up to 185% Federal Poverty Level (FPL)) is empowered and enabled to select healthy foods and beverages and increase physical activity through nutrition education, social marketing and environmental supports.

Objective 12: (Process) Annually, engage a minimum five of qualifying schools and five qualifying afterschool/extended break programs to reach 1000 children and 100 parents to increase nutrition education and physical activity opportunities and social marketing strategies that increase access and consumption of healthy food and beverages at each site.

⊠Individual ⊠ Interpersonal: Social Gro	ups Institutional/Organizational		Policy/Environmental
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Activities	Responsible Party	Deliverables	Timeframe
 Attend all Network required trainings and webinars regarding resources and tools for the school and afterschool setting annually. 		Record of participation	Report Annually: 10/01/2012-9/30/2016
Recruit schools as sub-grantees through local procurement procedures.		List of sub- grantees	10/1/2012-9/30/2013
3. Establish relationships and commitment of support for nutrition education interventions, wellness policy expansion and staff development in these areas from County Office of Education, school district and after school administrators. Facilitate ongoing communication with identified administrators supporting healthy school/afterschool campaigns.	; Sub- grantee B (years 2-4)	List of Contacts Activity Tracking Form (ATF)	Report Annually: 10/01/2012-9/30/2016
4. Establish relationships and commitment of support for nutrition education interventions, wellness policy expansion and staff development in identified areas from school and afterschool site administrators to increase healthy food and beverage access and availability, increase opportunities for physical activity throughout the school day and during the afterschool program. Facilitate ongoing communication throughout the school year providing nutrition education resources and maintain support for healthy school/afterschool campaigns.	; Sub- grantee B (years 2-4)	List of Contacts ATF	Report Annually: 10/01/2012-9/30/2016

Activities	Responsible Party	Deliverables	Timeframe
Recruit and assign staff for each school site to assist in the scheduling and training of teachers and afterschool staff on	Project Coordinator;	Staff assignment/Job	Report Annually:
Network nutrition education interventions, campaigns, and resources.	Sub-grantee B	description	10/01/2012-9/30/2016
	(years 2-4		
Staff will provide participating schools and afterschool sites with posters, recipes, materials and food supplies to conduct nutrition	Project Coordinator;	Invoice records (on file)	Report Annually:
education and tasting demonstrations for students at least six	Sub-grantee	List of materials	
times per year. Grantee shall ensure staff meets required	В	provided with	10/01/2012-9/30/2016
activities and report outcomes.	(years 2-4)	dates	
Conduct a healthy school and/or afterschool assessment of the	Project	Assessment	Report Annually:
school and/or afterschool site applying assessment tools provided	Coordinator,	report results	
by the <i>Network</i> and compile a comprehensive report.	Research		10/1/2012-9/30/2016
	Specialist;		
	Sub-grantee		
	A; Sub-		
	grantee B		
	(years 2-4)		

Activities	Responsible Party	Deliverables	Timeframe
8. Staff will provide a minimum of two trainings for teachers, afterschool staff and other personnel who are conducting nutrition education obesity prevention intervention. Teachers and	Project Coordinator; Sub-grantee	Log of trainings conducted	Report Annually:
education obesity prevention intervention. Teachers and afterschool leaders can apply training knowledge to the students. Some topics may including the following: a. Orientation to the <i>Network</i> program, The results of the school assessment and School Wellness Policy including information on new policies b. Utilizing <i>Harvest of the Month</i> and Farmer of the Month materials in the classroom, after school program, parent education, and the cafeteria such as: posters, displays, Farm to School/ <i>Harvest of the Month</i> workbooks etc. c. Information on promotion of evidence based physical activity programs and how they can be linked with nutrition education, such as Sports, Play, and Active Recreation for Kids (SPARK), and Coordinated Approach to Child Health (CATCH). d. Creating a healthy school environment such as healthy school parties, not using food for rewards, modeling healthy eating behaviors etc. e. Effective nutrition education resources and strategies including but not limited to: <i>Harvest of the Month, Rethink Your Drink, Children's PowerPlay! Campaign</i> materials,	Sub-grantee B (years 2-4)	Training materials ATF	10/01/2012-9/30/2016
garden-based nutrition education, integrating physical activity, food safety, and how to conduct cooking lessons and food demonstrations. Model teaching strategies, lessons, and share best practices.			
9. Staff will set up a tracking system to collect data on the nutrition education obesity prevention interventions at each school site.	Project Coordinator; Sub-grantee B (years 2-4)	EARS/ATF	Report Annually: 10/01/2012-9/30/2016

Activities	Responsible Party	Deliverables	Timeframe
10. Attend School and afterschool events such as Back-to-School	Project	Log of	Report Annually:
nights, Open House, health fairs, PTA meetings. Inform and	Coordinator;	meetings and	
engage parents on classroom and afterschool nutrition education	Sub-grantee	activities	
obesity prevention interventions and campaigns, and provide the	В	completed	10/01/2012-9/30/2016
results of the healthy school's assessment.	(years 2-4)		
		ATF	
11. Staff will provide technical support to classroom teachers, child	Project	Log of	Report Annually:
nutrition personnel, administrators on school wellness policy	Coordinator;	technical	
updates that support the nutrition education obesity prevention	Sub-grantee	support	10/01/2012-9/30/2016
messages.	A; Sub-		
	grantee B		
	(years 2-4)		
12. Conduct an evaluation using a survey tool completed by school	Project	Report on	Report Annually:
administration and teachers. Determine the effectiveness of the	Coordinator,	evaluation	
trainings, resources and tools provided and applicable usage to	Research	results	
classroom teaching assessing challenges, successes and	Specialist;		10/01/2012-9/30/2016
soliciting topics for the next year's trainings.	Sub-grantee		
	A; Sub-		
	grantee B		
	(years 2-4)		

Activities	Responsible Party	Deliverables	Timeframe
13. At school sites collaborate and coordinate with school administration, teachers, school wellness committee, parent	Project Coordinator;	Collaboration Log	Report Annually:
organizations, after school administrators, School Nutrition	Sub-grantee	1209	
Program and community partners. Promote implementation of	В	Copy of	
the following strategies to increase access and consumption of	(years 2-4)	districts	10/01/2012-9/30/2016
healthy foods which may include wellness policy updates: a. Actively engage local farmers and growers to establish a Farm		updated wellness policy	
to School program and provide <i>Harvest of the Month</i> produce items in the school cafeterias		(if applicable)	
 b. Develop a school gardening project that includes garden-base nutrition education 		Success story	
c. Provide information and training to school food service and schools on how to make use of garden grown produce in school cafeterias			
 d. Support implementation of salad bars at school sites 			
 e. Support implementation of healthy food procurement policies in vending machines, fundraiser activities, school events 			
f. Encourage participation in Child and Adult Care Food			
Program (CACFP) snack and meal programs in afterschool programs			
g. Promote Implementation of healthy food and beverage			
standards for competitive foods at schools and afterschool sites			
 h. Encourage implementation of marketing strategies to increase healthier food selection and consumption 			

Grant Name: Fresno County Department of Public Health Grant Number: 12-10160

- GOAL 1: The target population (Supplemental Nutrition Assistance Program-Education (SNAP-Ed)/Nutrition Education and Obesity Prevention (NEOP) participants and those eligible up to 185% Federal Poverty Level (FPL)) is empowered and enabled to select healthy foods and beverages and increase physical activity through nutrition education, social marketing and environmental supports.
- **Objective 13:** (Process) Conduct a youth engagement (YE) project engaging at least 25 SNAP-Ed-eligible youth team(s) to engage in leadership, critical thinking, problem-solving, community-based research and to address an identified issue with consumption and access to healthy foods and beverages and physical activity opportunities in their environment and identify solutions applying public health approaches.

Social Ecological Model:

 \boxtimes Individual \boxtimes Interpersonal: Social Groups \boxtimes Institutional/Organizational \boxtimes Community \square Policy/Environmental

Activities	Responsible Party	Deliverables	Timeframe
1. Local Health Department (LHD) recruits youth serving agency, Community Based Organization (CBO), park and recreation group or middle/high school or after schools to conduct the youth engagement project (target: agencies/schools that work with youth, ages 12-18).		Name of youth serving agency or school recruited/ confirmed and contact person(s) confirmed (on file)	10/2012-12/2013
2. Recruit an Adult Ally at a youth serving agency, CBO, park and recreation department or middle/high school or afterschool qualifying site to work directly with youth team. The Adult Ally and the project coordinator will participate in all <i>Network</i> sponsored webinars, conference calls and in-person Youth Engagement trainings offered by <i>Network</i> Youth Initiatives Consultant.	Project Coordinator; Sub-grantee C (years 2-4)	Participant Log (on file)	01/2013-09/2013
3. Adult Ally recruits youth and forms team(s) with a <u>minimum</u> of six students. Collect parent-permission slips and photo releases from youth.	Project Coordinator; Sub-grantee C (years 2-4)	Youth roster and permission slips (on file)	01/2013-09/2013

Activities	Responsible Party	Deliverables	Timeframe
 4. Provide orientation to members of the youth team. Orientation to include basic nutrition education information, importance of physical activity (through integration into comprehensive nutrition education lessons), taste testing, overview of youth-led participatory action research, and overview of youth development principles. 5. Following orientation, Adult Ally will meet with the youth team 	Project Coordinator; Sub-grantee C (years 2-4)	Attendance sheets for meetings with youth team (on file), orientation outline Attendance	01/2013-09/2013
guiding them through the process of conducting youth-led projects. Additional technical assistance, training and support to Adult Ally and youth teams on conducting youth-led nutrition will be provided as needed by the State Network Youth Initiatives Consultant. With the support/guidance of the Adult Ally, the youth-led nutrition education project process includes the youth team: a. Selecting the issue(s) to research b. Creating research tool and conducting the research project around selected issue(s) (the tool can be a survey, photo voice or video voice project, interviews etc.) c. Gathering information/data via the research tool and analyzing the data. Identifying public health approaches to reach solutions d. Preparing presentation/reports presenting to key stakeholders (such as PTA, School Staff, District Staff, Community Agencies, etc.) based on the data/information discovered by the research tool e. Conducting presentations to those leaders/stakeholders to share the findings from their research, in order to bring about necessary changes/improvement f. Documenting any changes in system or policy based on their project g. Conducting nutrition education and awareness activities to their peers, family members and the qualifying community to advance solutions	Coordinator; Sub-grantee C (years 2-4)	sheets from meetings (on file), copies of research tool, project and presentation/ reports created by youth team, document participation in activities via photos, press releases, media attention, or various newsletters, ATF	

Activities	Responsible Party	Deliverables	Timeframe
6. Adult Ally and Youth Leaders will participate in annual statewide or regional youth forum/meetings offered by the <i>Network for a Healthy California</i> – in which Youth Leaders from all Youth Engagement sites attend in order to strengthen their skills in youth-led participatory action research, public speaking skills, etc., in relationship to nutrition education and obesity prevention.	Project Coordinator; Sub-grantee C (years 2-4)	Attendance sheet on file	Report Annually: 10/2013-09/2016
7. Project Coordinator and Adult Ally will re-engage/recruit new team of youth, as well as include any continuing Youth Leaders (if interested), in the process under Activities 3, 4 and 5 as outlined above, to conduct project again, with a new team of Youth Leaders and examine new issue to address for the research project.	Administrator Project Coordinator; Sub-grantee C (years 2-4)	Youth roster, parent permission slips, attendance sheets from meetings (on file), copies of research tool, project and presentation/ reports created by youth team, document participation in activities via photos, press releases, media attention, or various newsletters, ATF	10/2014-09/2016
8. Adult Ally and Youth Leaders will participate in annual statewide or regional youth forum/meetings offered by the <i>Network for a Healthy California</i> , in which Youth Leaders from all Youth Engagement sites attend in order to strengthen their skills in youth-led participatory action research, public speaking skills, etc., in relationship to nutrition education and obesity prevention.	Project Coordinator; Sub-grantee C (years 2-4)	Attendance sheet on file	10/2015-09/2016

Grant Name: Fresno County Department of Public Health Grant Number: 12-10160

GOAL 1: The target population (Supplemental Nutrition Assistance Program-Education (SNAP-Ed)/Nutrition Education and Obesity Prevention (NEOP) participants and those eligible up to 185% Federal Poverty Level (FPL)) is empowered and enabled to select healthy foods and beverages and increase physical activity through nutrition education, social marketing and environmental supports.

Objective 14:	(Process) Annually, qualify and enga	age () worksites using the <i>California Fit Business Kit</i> (CFBK) tools and
	provide technical assistance on CFE	BK tool implementation, nutrition education obesity prevention, and social
	marketing strategies to reach () SNAP-Ed-eligible workers.

Social Ecological Model:

 \boxtimes Individual \boxtimes Interpersonal: Social Groups \boxtimes Institutional/Organizational \boxtimes Community \boxtimes Policy/Environmental

	Activities	Responsible Party	Deliverables	Timeframe
1.	Participate in all required Network for a Healthy California - Worksite Program trainings in person and/or via webinars.	Activities to begin FFY 2014 (October 2013)		
2.	Collaborate with local and state <i>Network</i> partners to identify () existing qualified worksites and/or qualify new worksites for the <i>Worksite Program</i> .	Activities	s to begin FFY 20	014 (October 2013)
3.	Provide technical assistance to qualified worksites on CFBK tools: Check for Health, Establishing a Worksite Wellness Committee. a. Assist each Worksite Wellness Committee in completing the assessment tools b. Assist in creating an action plan for CFBK tool implementation and nutrition education events c. Assist Worksite Wellness Committee establishment	Activities	s to begin FFY 20	014 (October 2013)

	Activities	Responsible Party	Deliverables	Timeframe	
4.	Based on the Check for Health assessment, provide technical assistance to Worksite Wellness Committee in selecting and implementing two additional CFBK tools promoting healthy worksite strategies such as: a. Model procurement (vending) policies b. Access to healthy foods through establishing healthier options in the cafeteria including promotion strategies c. Access to free drinking water throughout the work day d. Ensure a private, clean space for nursing mothers to pump during the work day e. Opportunities for physical activity during breaks and lunch and during meetings f. Implement strategies that promote purchasing/consumption of fruits and vegetables g. Actively engage in Farm to Fork strategies including partnering with local growers and other businesses to have a farmers' market near the worksite.	Activities to begin FFY 2014 (October 2013			
5.	Once worksites have implemented the <i>CFBK</i> tools, provide technical assistance to worksites in completing the worksite Evaluation Tool to demonstrate the impact of the <i>CFBK</i> .	Activities to begin FFY 2014 (October 2013)			
6.	Assess additional educational opportunities for worksite employees. As allowed by worksite employer consent and available personnel, provide additional nutrition education lessons to worksites based on the results of the needs assessment on topics prioritized by worksite employees	Activities to begin FFY 2014 (October		014 (October 2013)	
7.	Connect worksites with community partners to provide a minimum of () worksite health promotion events such as: a. Health fairs, b. Health education, c. Farmers' markets, d. Other health-related events that support healthy worksites.			014 (October 2013)	

Grant Name: Fresno County Department of Public Health Grant Number: 12-10160

- GOAL 1: The target population (Supplemental Nutrition Assistance Program-Education (SNAP-Ed)/Nutrition Education and Obesity Prevention (NEOP) participants and those eligible up to 185% Federal Poverty Level (FPL)) is empowered and enabled to select healthy foods and beverages and increase physical activity through nutrition education, social marketing and environmental supports.
- **Objective 15:** (Process) Annually, engage a minimum of 15 qualifying grocery retailers (such as: supermarkets, grocery stores, and/or independent grocers) in the county to reach 3750 SNAP-Ed-eligible residents through nutrition education materials, food demonstrations, store tours, and point of purchase strategies.

Social Ecological Model:

⊠Individual ⊠ Interpersonal: Social Groups ⊠ Institutional/Organizational ⊠ Community ⊠ Policy/Environmental

Activities	Responsible Party	Deliverables	Timeframe
 Participate in all required Network for a Healthy California -Retail Program trainings in person and/or via webinars. 		Record of attendance, training agendas	Report Annually: 10/1/2013- 9/30/2016
2. Develop partnerships and Plan of Action with 15 retail owners, managers, and/or staff and work with retail owners, managers and staff on healthy retail strategies including: nutrition education, benefits to the neighborhood, economic benefits of accepting food-assistance programs, and healthy point of purchase strategies. Target and prioritize retail stores based on CX ³ assessment.		Partnership Agreements, Plans of Action document	Report Annually: 10/1/2013- 9/30/2016
3. Acquire food handling certification (such as ServSafe) that meets the county's requirements for the staff responsible for engaging the retail sites. Each food demonstration must be appropriately staffed to meet the requirements of the county. Food demonstrations should promote and market healthy food products available for purchase at the retailer.		Copy of Certification for staff	Report Annually: 10/1/2013- 9/30/2016

Activities	Responsible Party	Deliverables	Timeframe
4. Coordinate, promote, and conduct 15 promotional events at participating stores that highlight healthy changes in GIS-qualified communities. Collaborate with the produce industry, food security organizations, and/or local decision makers, if available, on these events. Secure donations for events.	-	Calendar of events, photos of events, evaluation summary of promotional activities	Report Annually: 10/1/2013- 9/30/2016
5. Distribute and maintain appropriate nutrition-education materials such as the Harvest of the Month community newsletters, posters, signage, recipe cards, wobblers, magnets, window clings, Rethink Your Drink materials, hardware, in-store audio, CalFresh materials, etc., to qualifying stores, based on the size of the store. Update monthly.		Product Usage Report from the Online Ordering System	Report Annually: 10/1/2013- 9/30/2016
6. Partner with 10 local farmers, farmers' markets, wholesale distributors, and/or community supported agriculture programs to facilitate business connections to the 15 qualifying retailers, with the goal of increasing access to fresh local, affordable produce.		Partnership Agreements and Plans of Action	Report Annually: 10/1/2013- 9/30/2016
 7. Provide technical assistance to 15 qualifying retailers on approaches to increase availability and promotion of healthy food and beverage purchases, such as: a. Promoting healthy items through placement/promotion strategies b. Promoting healthy items through reduced pricing strategies c. Improving the selection, quantity, and quality of more healthy food items throughout the store d. Actively engaging in Farm to Fork efforts that promote seasonal produce items matching the monthly Harvest of the Month education elements e. Encouraging corner store conversion projects with other funding sources 		Log of technical assistance activities, summary of outcomes	Report Annually: 10/1/2013- 9/30/2016

Grant Name: Fresno County Department of Public Health Grant Number: 12-10160

- OAL 1: The target population (Supplemental Nutrition Assistance Program-Education (SNAP-Ed)/Nutrition Education and Obesity Prevention (NEOP) participants and those eligible up to 185% Federal Poverty Level (FPL)) is empowered and enabled to select healthy foods and beverages and increase physical activity through nutrition education, social marketing and environmental supports.
- **Objective 17:** (Process) Annually, engage five qualifying churches in predominantly African-American and/or Latino communities to implement the *Body and Soul* program, and culturally relevant nutrition education and physical activity promotion to reach 400 participants and to influence organizational and systems changes in the church community.

Activities	Responsible Party	Deliverables	Timeframe
 Recruit and assign qualified staff member to engage the faith-based community; this person should culturally competent. Possess knowledge of cross-cultural skills, awareness of cultural worldviews as well as cultural differences, attitudes and practices. Understand faith-based organization operations. 	; Sub-grantee D (years 2-4)	Documentation of recruitment efforts.	Report Annually: 10/1/2012- 9/30/2016
2. Assigned staff will attend all required Network training on how to engage church leaders and implement and track Body and Soul program and complementary nutrition-education components. Trainings will include a minimum of two Network webinars providing updates, evidence based practices and showcasing successful faith-based interventions.	; Sub-grantee D (years 2-4)	Summary of participation	Report Annually: 10/1/2012- 9/30/2016
3. Assigned staff will recruit qualifying church sites and engage church leadership to support the program. Include key members such as the pastor's spouse, cooking staff and church groups to increase participation in the program.	; Sub-grantee D (years 2-4)	List of leadership and key contacts list	Report Annually: 10/1/2012- 9/30/2016
4. Assigned staff will train church sites to conduct interventions using the Body and Soul program and Toolbox for Community Educators, Health Ministry Guide and other Network resources. Provide technical assistance and support to churches. Ensure the efficient and effective delivery of the comprehensive program.	; Sub-grantee D (years 2-4)	Class sign in sheets, Activity Tracking Form	Report Annually: 10/1/2012- 9/30/2016

Activities	Responsible Party	Deliverables	Timeframe
5. Assigned staff will provide technical support to church members.	;	Technical	Report Annually:
Conduct walkability assessment and conduct assessment of foods	Sub-grantee	assistance Log,	
prepared, provided, and sold at church events applying Network-	D (years 2-4)		10/1/2012-
provided tools. Apply assessment results to develop strategies for		assessment	9/30/2016
improving the quality of foods served at church-related functions		results	
and events, and increase physical activity opportunities. Strategies			
may include:		Strategies and	
a. Implement and promote healthier fundraisers such as healthy		timeline	
food items, jog-a-thons, dance-a-thons, fruit stands etc.			
b. Implement cooking classes referencing the <i>African American</i>			
Cookbook or Latino Flavors of My Kitchen Cookbook			
c. Include nutrition education and physical activity in children's			
programs, youth meetings, Sunday-School classes, Vacation			
Bible School, etc.			
d. Actively engage in Farm to Fork initiatives to increase fruit and			
vegetable consumption which may include hosting farmers			
markets on site or using local fresh ingredients in the church's			
food preparations.			D (A II
6. Assigned staff will provide technical assistance to the site based on		Copies of	Report Annually:
the results of the assessments (outlined in Activity 5). The site		implemented	40/4/0040
leadership will advance, implement and promote healthy		policies, pictures	10/1/2012-
environmental changes at the church, such as:		etc.	9/30/2016
a. Create an overarching healthy food and beverage policy for			
church celebrations and meetings. Ensure healthy foods and			
beverages are provided and limit choices high in fat, sugar,			
and sodium.			
b. Initiate a community garden at the church			
c. Initiate on-going walking clubs for church members. Pursue			
and establish joint-use agreements with city-schools to create			
opportunities for increased community physical activity			
d. Develop a healthy donation and distribution policy for			
churches operating food pantries or food closets]		

Activities	Responsible Party	Deliverables	Timeframe
Engage church leadership in County Nutrition Action Plan (CNAP), other faith-based work and neighborhood organizations and		Meeting agendas, contact logs	Report Annually:
schools to support and advance healthy changes.		_	10/1/2012- 9/30/2016