### **AMENDMENT II TO AGREEMENT**

THIS AMENDMENT, hereinafter referred to as Amendment II, is made and entered into this wife day of <u>DCCCONDCO</u>, 2008, by and between the **COUNTY OF FRESNO**, a Political Subdivision of the State of California, hereinafter referred to as "COUNTY", and **MENTAL HEALTH SYSTEMS, INC.** a California private non-profit corporation, whose remit to address is 9465 Farnham Street, San Diego, CA 92123 and service address is 3333 E. American Ave., Fresno, CA 93725 hereinafter referred to as "CONTRACTOR.

WHEREAS the parties entered into that certain Agreement, identified as COUNTY Agreement No. 06-172, effective July 1, 2006 and Amendment I No. 08-011 effective on January 15, 2008.

WHEREBY CONTRACTOR agreed to provide substance abuse treatment services for adolescents incarcerated at COUNTY'S Juvenile Hall (now known as Juvenile Justice Campus – JJC) as well as intensive outpatient services for adolescents upon release from the JJC; and mental health services for adolescents.

WHEREAS the parties desire to amend the Agreement to include Juvenile Justice Campus New Horizon's Program services for adolescent males as further stated below and restates the Agreement in its entirety.

NOW, THEREFORE, in consideration of their mutual promises, covenants and conditions, hereinafter set forth, the sufficiency of which is acknowledged, the parties agree as follows:

1. That the existing COUNTY Agreement No. 06-172, beginning with Paragraph One (1), Line Twenty-One (21) with the word "Services" and ending on Page Two (2) Line Sixteen (16) with the word "referrals" will be deleted and the following will be inserted in its place:

#### "1. <u>SERVICES</u>

A. CONTRACTOR shall perform all services and fulfill all responsibilities for the provision of substance abuse treatment services, as it pertains to adolescents incarcerated at COUNTY'S Juvenile Justice Campus and as it pertains to outpatient drug free treatment services for adolescents in juvenile drug court, in a manner consistent with Exhibit A, which is attached hereto and incorporated herein by reference.

B. Contractor shall maintain, at Contractor's cost, a computer system

compatible with COUNTY's DBH Substance Abuse Information System (SAIS) for the provision of submitting information required under the terms and conditions of this Agreement. Registrations and admissions must be complete with one (1) business day of entry into the program and discharges within one (1) business day of program completion or dismissal.

- C. CONTRACTOR shall perform all services and fulfill all responsibilities for the provision of mental health services, as it pertains to adolescents incarcerated at COUNTY'S Juvenile Justice Campus and as it pertains to outpatient mental health services, in a manner consistent with Exhibit A-1, which is attached hereto and incorporated herein by reference.
- D. CONTRACTOR shall perform all services and fulfill all responsibilities for the provision of Juvenile Justice Campus New Horizon's Program services, in a manner consistent with Exhibit A-2 as it pertains to adolescent males incarcerated at COUNTY'S JJC.
- E. CONTRACT'S administrative level agency representative, who is duly authorized to act on behalf of CONTRACTOR, shall attend, as determined necessary by COUNTY'S Department of Children and Family Services Director, or designee regularly scheduled (monthly) Mental Health Board meeting.
- F. CONTRACTOR shall perform substance abuse, mental health treatment and Juvenile Justice Campus New Horizon's Program services at COUNTY'S JJC in accordance to Exhibit B No Hostage Facility, which is attached hereto and incorporated herein by reference.
- G. CONTRACTOR shall perform its post release outpatient services at 3122 North Millbrook Avenue, Suite A, Fresno, CA 93703. Addition or deletion of service sites may be made with the written approval of COUNTY's Department of Behavioral Health (DBH) Director or designee. CONTRACTOR may add or delete service sites with thirty (30) days advance written notice to COUNTY's DBH Director or designee. It is understood that all new service sites must be licensed or certified by the State Alcohol and Drug Programs (ADP) or the State Department of Mental Health as appropriate, prior to being added to this Agreement and before CONTRACTOR receives referrals."
- 2. That the existing COUNTY Agreement No. 06-172, page four (4), beginning with paragraph Four (4) Line Two (2) with the word "Services" and ending on page four (4), Line Eleven (11) with the word "appropriate" be deleted and the following inserted in its place:

"For substance abuse related services funding shall be in accordance with the budget identified as Exhibit C, which is attached hereto and incorporated herein by reference and made part of this Agreement. In no event shall the maximum compensation for said substance abuse services performed under this Agreement be in excess of Four Hundred Seventy Thousand and No/100 Dollars (\$470,000.00) during each twelve (12) month period of this Agreement.

For mental health related services funding shall be in accordance with the budget identified as Exhibit C-1, which is attached hereto and incorporated herein by reference and made part of this Agreement. In no event shall the maximum compensation for said mental health services performed under this Agreement be in excess of Three Hundred One Thousand One Hundred Seventeen and No/100 Dollars (\$301,117.00) during each twelve (12) month period of this Agreement.

For the provision of Juvenile Justice Campus New Horizon's Program COUNTY agrees to pay CONTRACTOR and CONTRACTOR agrees to receive as compensation for the provision of the New Horizon's Program services performed by CONTRACTOR in accordance to the budget identified as Exhibit C-2, attached hereto and by this reference incorporated herein. Pursuant to this Agreement, In no event shall the maximum compensation for said Juvenile Justice Campus New Horizon's Program services performed under this Agreement be in excess of Five Hundred Thousand Three Hundred Eighty-Nine and No/100 Dollars (\$500,389.00) during each twelve (12) month period of this Agreement. In no event shall the maximum compensation for services performed under this Amendment II be in excess of One Million Two Hundred Seventy-One Thousand Five Hundred Six and No/100 Dollars (\$1,271,506.00) during each twelve (12) month period of this Amendment II.

CONTRACTOR'S reimbursement for the substance abuse, mental health and Juvenile Justice Campus New Horizon's Program services provided under this Agreement shall be reconciled at the end of the fiscal year to reflect the lower of CONTRACTOR'S actual cost or contract maximum, whichever is less. Within forty-five (45) days of the reconciliation by COUNTY, CONTRACTOR shall make payment to COUNTY or COUNTY shall reimburse CONTRACTOR as appropriate".

3. That the following be added to existing COUNTY Agreement No. 06-172, page Six (6) line Seventeen (17).

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#### **"5. PROHIBITION ON PUBLICITY**

None of the funds, materials, property or services provided directly or indirectly under this Agreement shall be used for PROVIDER'S advertising, fundraising, or publicity (i.e., purchasing of tickets/tables, silent auction donations, etc.) for the purpose of self-promotion. Notwithstanding the above, publicity of the services described in Paragraph 1 of this Agreement shall be allowed as necessary to raise public awareness about the availability of such specific services when approved in advance by the Director or designee and at a cost as provided in <u>Exhibit C-2</u> for such items as written/printed materials, the use of media (i.e., radio, television, newspapers) and any other related expense(s)".

4. That the existing COUNTY Agreement No. 06-172, page Six (6), beginning with Paragraph Five (5) Line Seventeen (17) with the word "Invoicing" and ending on page Seven (7), Line Five (5) with the word "Agreement" be deleted and the following inserted in its place:

### **"6. INVOICING:**

"For substance abuse services CONTRACTOR shall invoice COUNTY in arrears with the County-approved format by the twentieth (20th) of each month via electronic mail (Email), for actual services rendered in the previous month, to: <a href="mailto:sas@co.fresno.ca.us">sas@co.fresno.ca.us</a> For Juvenile Justice Campus New Horizon's Program CONTRACTOR shall submit to the COUNTY, monthly, an itemized invoice showing the total number of clients served and total number of client contacts by service function in accordance with Exhibit C-2. The invoice shall be submitted to the COUNTY by the twentieth (20<sup>th</sup>) of each month, for the prior month's expenses, addressed to the Fresno County Department of Behavioral Health, Substance Abuse Services Division 515 S. Cedar, Fresno, CA 93702, Attention: Staff Analyst.

CONTRACTOR shall be responsible for audit exceptions to ineligible dates of services or incorrect application of utilization review requirements. It is understood that each claim is subject to audit for compliance with Federal and State regulations, and that COUNTY may be making payments on claims in advance of said review. In the event that a claim is disapproved, COUNTY may, at its sole discretion, withhold compensation or set off from other payments due in the amount of said disapproved claims.

Invoices shall be accompanied by the Outcome Evaluation monthly reports reflecting

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services supported by the invoiced expenditures and be in a form and in such detail as acceptable to COUNTY'S Department of Behavioral Health Services Administrative Office and Department of Probation Services Administrative Office, as appropriate. No reimbursement for services shall be made until the invoice and the Outcome Evaluation monthly reports are received, reviewed, and approved by COUNTY."

- 5. That Paragraphs Five (5) through Twenty-Eight (28) of existing COUNTY Agreement No. A-06-172 be renumbered to read Paragraphs Six (6) through Twenty-Nine (29).
- 6. COUNTY and CONTRACTOR agree that this Amendment II is sufficient to amend Agreement No. A-06-172 and Amendment I No. 08-011 and that upon execution of this Amendment II, the Agreement, Amendment I and this Amendment II together shall be considered the Agreement.

The Agreement, as hereby amended, is ratified and continued. All provisions, terms, covenants, conditions and promises contained in the Agreement and not amended herein shall remain in full force and effect. This Amendment II shall become effective on December 16, 2008.

1	IN WITNESS WHEREOF, the parties hereto have e	executed this Amendment I to Agreement as of the
2	day and year first hereinabove written.	
3	ATTEST:	
4	PROVIDER:	COUNTY OF FRESNO
5	MENTAL HEALTH SYSTEMS, INC.	
6		110
7	By Common and the second secon	By Chairman, Board of Supervisors
8	Print Name ORVINE Coonce	
9	Title SR. Vice President	DEC 1 6 2008
10	Chairman of the Board, or President or any Vice President	
11	1120/06	
12	Date	BERNICE E. SEIDEL, Clerk Board of Supervisors
13 14	By Med and	By Kelly Consciency, Deputy
15	Print Name Michael L. Hawkey	Date: 12/16/08
16	Title SR. VP-Finance & Administration	Date:
17	Secretary (of Corporation), or any Assistant Secretary or Chief Financial	
18	Officer or any Assistant Treasurer	
19	Date 11/20/08	
20	,	
21		
22	Mailing Address:	PLEASE SEE ADDITIONAL
23	9465 Farnham Street,	SIGNATURE PAGE ATTACHED
24	San Diego, CA 92123	
25	Phone No: (858) 573-2600 Contact: Executive Director	
26		
27	Agenda Item # 40	
28	Agreement # 06-172-2	

APPROVED AS TO LEGAL FORM: JANELLE KELLEY, INTERIM COUNTY COUNSEL

By **Jeff** 

APPROVED AS TO ACCOUNTING FORM: VICKI CROW, C.P.A., AUDITOR-CONTROLLER/ TREASURER-TAX COLLECTOR

By alu E

REVIEWED AND RECOMMENDED FOR APPROVAL:

Giang T. Nguyen, Director
Department of Behavioral Health

Linda Penner, Chief Probation Officer

Fund/Subclass: 0001/10000

Organization: 56022081 2008-09 (\$470,000) 56022081 2008-09 (\$500,389)

56022081 2008-09 (\$500,389) 56402235 2008-09 (\$ 301,117)

Account/Program: 7294/0

7295/0

# SCOPE OF SERVICES PROPOSAL MENTAL HEALTH SYSTEMS, INC. FRESNO JUVENILE JUSTICE CAMPUS JULY 2008-09

# SCOPE OF SERVICES

## INTRODUCTION

and integrated model within the Substance Abuse Unit has resulted in positive outcomes for the juveniles served. integrated delivery of both substance abuse and mental health services by MHS. This visionary collaboration of treatment services Family Services utilizing SAMHSA funding. In March 2008 the SAMHSA grant funding was transferred to MHS allowing for a fully November 2000. Until March 2008 Mental Health Services had been provided by Fresno County's Department of Children and MHS, Inc. has been contracted by the County of Fresno to provide substance abuse treatment in-custody and post-release since

For the fiscal year of 2006-2007:

- 67% of the juveniles who participated in the FFSAU were drug free 6 months after completion of in-custody
- 95% have no new convictions and 74% were attending school, working, or engaged in a vocational program.
- Prior to the FFSAU program no individual had graduated from the Ashjian Community School where our Post Release Out-Diploma while in our program Patient Services (PROPS) attend. In the last seven years we have approximately 40 students achieve their High School
- A recent client satisfaction survey completed by MHS, Inc found that over 70% of incarcerated youth in the program stated that they would refer the program to a friend

involvement and gender responsive treatment and specialized curriculums. The model offers a continuum of treatment and intervention incorporating sanctions, social learning, therapeutic community, family

our successful SAU, that these young people have both the potential and capability for bettering their lives and successfully reprogram will be specifically designed to be fluid and adaptable to clients needs. It is MHS's experience and belief, as demonstrated by physical and educational and vocational needs and 3) evaluation of program quality, outcomes and effectiveness. The New Horizon's and families/caretakers entering their neighborhood and communities. We also understand that it takes diligent collaboration with Probation, communities treatment. In addition the program will incorporate at every level of treatment and intervention the Fresno Juvenile Justice Center recidivism; 2) assist the youth in preparation for re-entry into the community and provide opportunities to address personal, social, California's Juvenile Corrections System, Farrell v. Hickman Nov.30, 2005) of 1) effective rehabilitative treatment to reduce "Character Counts Pillars". The program will incorporate the California's Division of Juvenile Justice Principles (Reforming Community, Normative Culture and the cognitive learning model of "Thinking for Change" and individualized strength based resources, reintegrate into their communities with greater stability and success. The program will utilize foundations of Therapeutic reintegration. At the core of the program will be the belief that minors in the program can, with additional skills, values, insight and providing these youth with the opportunity to learn new and adaptive skills and coping strategies and values that provide a foundation Program (NHP) that addresses the populations individualized and specialized need. MHS, Inc recognizes the critical importance of MHS, Inc intends to utilize the same successful creative, visionary and integrated delivery of treatment services in the New Horizons focus being the delivery of comprehensive assessment, necessary treatment interventions, rehabilitation and successful community for post-release successful community reintegration. The program will incorporate an integrated treatment model with the primary

## CORE PRINCIPLES

individuality, based on these guidelines: All adolescents served within the New Horizons Program (NHP) will be treated with compassion, courtesy and recognition of their

Principal 1: Gender: Acknowledge that gender makes a difference.

Principal 2: Environment: Create an environment based in safety, respect, and dignity

Principal 3: Relationships: Develop policies, practices, and programs that are relational and promote healthy connections to family, significant others, and the community.

Principal 4: Services and supervision: Address substance abuse, trauma, mental health issues through comprehensive, integrated and culturally relevant services and appropriate supervision

Principal 5: Socioeconomic status: Provide (all adolescents) with opportunities to improve their socioeconomic conditions.

Principal 6: Community: Establish a system of community supervision to improve their collaborative services

Principal 7: Best and Promising Practices: Service delivery will be guided by an adherence and commitment to the use of of youth and families served best and evidence based practices that have proven to be successful, beneficial and meet the individualized needs

## CORE ELEMENTS

of every element described here. Cognitive behavioral models have proven to be the most beneficial in working with delinquent youth. The design incorporates all elements necessary for effective adolescent treatment The NHP Program will incorporate a range of services based on eight critical elements. Every youth and family will have the support

Element 1: All youth will receive a comprehensive mental health assessment by the clinician assigned to their case upon their intake. Referrals for medication evaluation will be made to a JJC psychiatrist

Element 2: A multidisciplinary treatment team of mental health and substance abuse, school, and probation staff coordinate the treatment plan to address the multiple needs of youth and family.

Element 3: Family involvement is crucial to the child's success, especially because most youth return home after incarceration be provided by the clinician on a bi-weekly basis. engage the family upon their child's intake to our program with a welcome phone call and a home visit. Family or live at home during outpatient treatment. The multidisciplinary team, including a Family Support Partner will Awareness and Family Progress groups will be provided on a weekly basis. Individualized Family Therapy will

Element 4: Curriculum is adjusted to the adolescent's developmental needs and to meet educational, cultural, and gender programs, but each treatment plan will be individualized specific requirements. Certain values and structures must be maintained to support the effect of group-based

- Element 5: Program staff integrates extracurricular and therapeutic activities to stimulate interest while supporting the demonstrated by the number of families involved in the program holiday celebrations, after-care field trip, family potlucks and barbeques as a means of engaging clients and message that rehabilitation is a positive and attainable goal. In the current program there have been talent shows, families. Youth in the NHP and their families will experience an atmosphere of acceptance and trust,
- Element 6: Teams of mental health clinicians and MHS substance abuse counselors provide a low client-to-staff ratio and a wide range of diversity and expertise to improve client outcomes
- Element 7: The staff is varied as to gender and ethnic/cultural make-up. MHS requires that all staff participate in ongoing cultural competence staff training.
- Element 8: The recognition that a majority of youth in the Juvenile Justice System have experienced early and on-going addressing these histories with gender responsive interventions. orientation and high risk behaviors. The staff and program will be trauma informed and sophisticated in exposure to a broad range of trauma which plays a significant role in their development, emotional stability, value
- Element 8: MHS has developed a Post Release Outpatient Services program, or PROPS to address the mental health and (Mental Health and AOD), life skills training, case management and referral, relapse prevention training, and dependent youth and the families at the same site. Co-location of theses programs offers access to dual treatment substance abuse issues of the youth after discharge from the Juvenile Justice Campus, and their families. MHS Family & Youth Alternatives (FYA) provides mental health services fro MediCal eligible probation and

release resources into the youths Discharge Community Reintegration Plan as a means of offering post-release required 12-step meetings. The NHP will incorporate the FYA Program and other community aftercare/post-

# NEW HORIZONS PROGRAM DESCRIPTION AND COMPONENTS

## Program Description

commitment and are stage-eligible probationary period of 12 months. The minimum length of stay is eight months; however the actual release date will not be set until the program requirements have been completed. Minors will not be eligible for furloughs until they have served at least half of their who are no longer eligible for commitment to the Department of Juvenile Justice. The Program is a 365-day commitment, with a acceptance to the Elkhorn Correctional Facility. The primary population to be served in the New Horizons Program is those minors months, who have had the benefit of all other local less restrictive commitment options; or have a violent offense which precludes The NHP will provide a local, long term commitment program for an additional 30 male minors between the ages of 14-17 years 11

history must be nearly universal in this population. There is a significant body of literature documenting the relationship between to negligent, coercive, pathological and/or substance abusing parents; and exposure to poverty-related violence and crime), trauma as to be normative, and with many risk factors for conduct disorder also constituting increased risk factors for trauma (e.g., exposure and respond to the implications of childhood and adolescent trauma. Trauma during the early developmental years is now so common issues and other biopsychosocial issues associated with this population. In addition, a core element of the program will be to assess for the New Horizons Juvenile Justice Campus (JJC) Program, are based on the multi-faceted nature of substance abuse, mental health integrated into a comprehensive continuum of care. The proposed services described below, designed specifically for adolescents in Our services will include all elements shown above as well as a full range of additional, high-intensity treatment and support services,

program is committed to bringing family and or caretakers into the treatment process as a means of assisting in a reduction of post permanently locked in, possibly leading to a variety of post-traumatic symptoms. The program will implement a core program model philosophies that together provide a comprehensive array of interventions and program resources that are responsive and MHS, Inc. will address this concept through a variety of services, program structure, proven interventions and foundational skill sets that will sustain their commitment to sobriety and emotional and behavioral stability during and after the transition phase admission. To help assure post-release stability, in-custody treatment services are designed to help adolescents build and internalize release risks and a decrease in recidivism rate. MHS, Inc. believes that discharge and community reintegration planning begins at youth is trying to avoid, or to gang activities that do not foster newly developing healthy, crime-free lifestyles. The New Horizons highly structured, secure setting like Juvenile Justice Campus to an environment that supported addiction and delinquent behavior can in which intervention strategies and methods are individually matched to the minors identified risks. An additional significant several studies specifically addressing adolescent delinquent behavior. The effects of unresolved traumatic experiences can become individualized be stressful and highly problematic. Many times youths return to homes in which family members are engaged in behaviors that the challenge for clients participating in an in-custody program is the eventual need to transition back into the community. Moving from a trauma/maltreatment and subsequent aggressive/criminal acting out (Malinosky-Rummeel & Hansen, 1993; Widom, 1989) including

## Therapeutic Community (TC)

strong and intensive treatment with the tools of the TC to affect cognitive, emotional, and behavioral restructuring of participating temporary exclusion from the community, depending on the severity of the conduct. The New Horizons Program will combine negative attitudes and behaviors by a series of interventions, learning experiences and possible disciplinary measures including rewards, and reinforces the pro-social skills and attitudes necessary for successful reintegration into society. It also addresses True rehabilitation is a process that occurs within a "healing community". This approach puts participants in a setting that teaches,

recidivism adolescents. Only by such a complete restructuring of beliefs, attitudes, and behaviors will it be possible to avoid relapse and/or

environment...even if that environment occurs in custody. who face the challenges associated with mental health and/or substance abuse. MHS has been providing "coerced" and "voluntary" MHS combines the most effective aspects of a Therapeutic Community with a curriculum proven effective with incarcerated youth However, regardless of the technique used in any program, there needs to be a genuine and empathic treatment and recovery treatment to offenders for more than a decade. That experience demonstrates that this approach to in-custody treatment is effective

culture than to lectures from adults, this modality fosters motivation and participation. Youth also learn how to develop positive using positive peer culture to encourage and reinforce personal change. Because adolescents are more responsive to positive peer experience and research support the effectiveness of strengths-based, family-focused treatment in the context of such a Community, self-respect and hope. The objective is to use the therapeutic community methodology to create a truly recovering community. MHS: self-destructive thoughts and behaviors into constructive and responsible behaviors; and by converting self-pity and hopelessness into individually, and as a group, empowerment is learned through changing one's thinking from anti-social to pro-social; by changing community is to change these past behaviors by teaching participants to identify, build, and maintain healthy, positive relationships communities, such as gangs, and social circles where crime and drug abuse were the norm. The primary function of a therapeutic influences and relationships, but few, if any, positive or healthy relationships. Thus, they will have belonged only to negative fundamentally important in a therapeutic community because most adolescents entering the program will have had many negative than feel as if they don't belong. Others are involved in abusive relationships in order to feel "in control." These facts are Most incarcerated youth have only known negative relationships. There are countless examples of youths who will join a gang rather Community is what helps engage the participant from intake through release, and provides the motivation to be successful. Both

community post-release programs and resources relationships supportive of a drug-free, crime-free lifestyle during the in-custody phase of treatment, and they take those skills to

## Normative Culture

each individual an internal guide of behavior that is helpful in any environment. achievement. This allows for both adults and youth to serve as positive role models for one another. It also provides a common to guide behavior which include responsibility/accountability, respect for others, keeping situations safe and working towards goal and youth to create shared expectations regarding attitudes, behaviors and milieu values. Normative culture principles use four norms of behaving rather than a system of rules. In congruence with therapeutic community it uses positive peer pressure among both staff processes and practices found to be both effective and successful with incarcerated youth. Similar to TC, Normative Culture is a way language for staff, youth and parents/caretakers when talking about expectations. The goal of Normative Culture is to develop within In conjunction with the Therapeutic Community (TC) foundation the program will also incorporate similar "normative culture"

## Character Counts

every element of service delivery. We are well versed in the integration of these pillars as evidence by the success of our SAU foundational principles of Trustworthiness, Respect, Responsibility, Fairness, Caring and citizenship will be fully incorporated into The NHP will incorporate the six pillars of Character Counts throughout the program. The Fresno Juvenile Justice Center's

## **Motivational Interviewing (M.I.)**

mobilize internal resources for change by enhancing intrinsic motivation. It is empathic, combines directive and non-directive Interviewing (MI) is an evidence-based interactive counseling approach proven effective in assisting individuals and families to Inc. maintains a group of MI trainers on staff, certified by the national Motivational Interviewing Network of Trainers. Motivational MHS will also utilize Motivational Interviewing as a means of engaging and motivating the youth and families we work with. MHS,

contemplation, preparation, action, and maintenance. Clinicians will receive extensive training in MI interviewing and brief intervention techniques, and will facilitate the stages of change which include pre-contemplation, responses, reduces argumentation, and promotes client self-efficacy. Program staff will be trained in MI counseling style, including

## Screening and Assessment

comprehensive biopsychosocial and trauma assessment upon placement in the program. Juvenile Court, NHP will utilize this screening to expedite availability of the information. The mental health clinician will complete a continue to use the Youth Assessment of Severity Index (Y-ASI) for youth admitted to the program. In collaboration with Fresno's All screenings and assessments will screen for co-occurring issues of mental health, substance abuse and trauma. The NHP will

## Treatment Plan

and will be updated as needed or at least every ninety days. areas which impact the youth's treatment. The plan will also specify the start and end dates of the intervention and goal attainment, goals. The plan will address areas of family discord, education, housing, family financial status, identified mental health issues, issues, barriers, cultural, sexual orientation and other relevant information that may be significant toward the youth's successful trauma history physical health of the youth and family, gang history, anger management/violence propensity and history and other completion of the program. It will include a description of problems, define goals, and specify an action plan for the attainment of integrating information from the mental health assessment. The plan will be goal focused and build on the minors identified strengths The plan will be reviewed by the full treatment team for approval. The plan will be individualized and address any developmental The initial treatment plan will be developed by the youth, the youth's family, and counselors within the first 30 days of admission

## Treatment Team

clinician, substance abuse counselor, probation officer, Juvenile Justice Campus and education staff, and others who may be involved modify the plan every ninety days or as needed in the youth's aftercare plan. The treatment team will approve the treatment plan within thirty days of admission and review and The team will consist of individuals significantly involved in the youth's treatment, including the youth, family, mental health

encourage parents to engage and actively participate in the program. The Family Support Partner provides a unique position that we specialized needs. The NHP Family Support Partner will be an integral part of the team and are trained in advocating, educating and participation/involvement have found increases family engagement. Each case will be assessed for the need for Family Support Partner addressing the stigma families often experience having a child with multiple challenges and, through this specialized relationship, training families in service linkages, information, navigating systems and addressing basic needs. In addition they will assist in needs youth, often having had a child in the system. Because of this life experience and unique perspective they are able to engage within our Wraparound and children's mental health programs. Family Support Partners have personal life experience with special families, develop unique rapport and assist families in overcoming the challenges and barriers many of them face when a child has An additional member of the NHP team will be Family Support Partner. MHS has extensive experience in utilizing these positions

### Education

program, this may mean specialized tutoring, incentive programs, advocating for diagnostic educational assessment for learning itself. MHS believes that youth must not be allowed to fail, and will work with the youth and educational system to ensure success challenges, delinquency, and violence. In most cases the reason for failure is not for lack of ability, but rather the experience of failure Many youth in the juvenile justice system have histories of academic failure that increases their risk of substance abuse, mental health Incremental academic success serves to enhance self-esteem, confidence and academic motivation. During the youth's time in the

and, as such, is a key component of the youth's discharge and outpatient treatment plan. Designated staff, in close coordination with Court School teachers will coordinate school placement at discharge, arrange mentoring/tutoring, and other support services as disabilities, or shadowing the youth in the classroom. Academic success is a key predictor for maintaining a drug and crime free life

# Recreational and Social Activities

into the Discharge Community Reintegration Plan.. and recreational events during all phases of treatment. Community resources for these activities, when available, will be integrated another means of self-expression and exploration. If the youth is in recovery he/she will be encouraged to attend sober and clean social activities may include basketball, flag football, kickball, aerobics, and social events such as holiday and cultural celebrations. the participants to explore new, healthy and proactive interests. Progress is monitored and documented by the counselor. Supervised Organized, interactive social and recreational activities are a key feature and are built into the program structure. Such activities help will utilize our current collaboration with Focus Forward for specialized classes such as poetry and art which offer incarcerated youth

# NHP SERVICE DELIVERY

interviewing, gender responsive services, cultural sensitivity and trauma informed services. The program will continue to utilize strength and evidenced based model that incorporates therapeutic community, motivational Program Coordinator will also carry a caseload, oversee day to day program operations and assist in monitoring data collection... master level clinicians and any program interns. In addition to being responsible for clinical oversight of service delivery the The Program Coordinator will report to the NHP Program Manager and will be responsible for the clinical supervision of the two The (2) Mental Health clinicians and the Program Coordinator will each also carry a maximum case load of 10 adolescents.

available as needed during periods of crisis, instability and challenges his/her family through the continuum of treatment. The assigned team will follow the family through all phases of treatment and be be part of the team when co-occurring issues are identified. . This team will be responsible for providing services to the juvenile and Each juvenile entering the program will be assigned to a mental health clinician. In addition a primary substance abuse counselor will

and success consistent treatment provider model facilitates a sense of security and trust for the family and enhances the propensity for engagement home visits as needed allowing for a continuum of care which begins immediately upon the first family/juvenile contact. This management, including "welcome" phone calls to the families upon the minor's intake to the program, scheduling and participating in The Substance Abuse counselors, Mental Health clinicians and the Family Support Partner will also work as a team in providing case

group and focus on providing education to the families who are struggling with understanding mental health issues with their group per week focusing on mental health issues with the juveniles. Clinicians will co-facilitate with the counselor in Family Therapy Clinicians and Counselors will facilitate and/or co-facilitate process groups including Family Night. Clinicians will facilitate one

unlicensed mental health clinicians as well as mental health interns The Clinical Supervisor Consultant (contracted) will provide the needed individual and group supervision for clinical hours of

insight into clients' needs and individualized service delivery. NHP will incorporate integrated Clinical Supervision for both Mental Health and Drug and Alcohol staff providing comprehensive

## Case Management

to obtaining services for post-release community reintegration, access to outpatient services that address language and cultural needs, and identify barriers services from various agencies, collaboration on discharge planning to ensure youth and family have a complete and appropriate plan The multidisciplinary team will provide case management services for the youth and his/her family. This will include coordination of

## Process Groups

progress toward goals. They will also deal with evaluations, level advancement, and disciplinary actions. Group size will be eight to Process Groups will address issues of personal responsibilities, such as journals, daily self-responsibility, behavior on the unit, and 12 youth, depending on the nature of the group.

## Community/Socialization Groups

activities, give and receive feedback to shape pro-social behavior, enhance communication skills and share successes and failures of the community or healthy living as a group, with staff oversight. Participants come together to resolve shared problems, plan can discuss concerns or make suggestions during the meeting. Youth are encouraged to address peer behaviors that are not supportive Community Groups, utilizing a Therapeutic Community model allow youth to have an active voice in the treatment community. They

# Family Counseling/Psycho-educational Groups

financial struggles, judicial problems, parenting skills, concerns about post-release challenges, gang involvements and fears of losing "family secrets." Some "secrets" include other members using drugs, stigma's associated mental health, violence in the home, program, ask questions. Following this initial contact the youth and families are brought together for family process group that is cogiven the opportunity to speak with the clinician and/or counselor to address any concerns they have regarding their youth in the facilitated by the clinician and the counselor. Group sessions allow families to share experiences. Many families fear talking about Family group counseling will be provided weekly in a multi-family group setting. During the first portion of the group parents will be

attendance but is generally limited to twelve families resources, to allow communication between agencies and maximize support for the client(s). Group size will vary according to needed for specialized intervention and support.. Family members are asked to sign information release forms when using outside common problems. Many issues, such as domestic violence/incest, are referred for further assistance to appropriate resources as their children. The group is designed to allow members to speak freely, and fosters mutual identification of possible solutions to

# PSYCHO-EDUCATIONAL CORE FOCUSES

cultural exposure, art, music, recreational activities, curriculum and multi-media presentations areas that present challenges and barriers to emotional and behavioral stability and the successful reintegration into the community. A respond to the changing needs of the clients in the program. These interventions may include groups, activities, guest speakers, variety of interventions will be utilized to incorporate focuses into the daily schedule and program milieu which will adapt and Process educational focuses are designed to provide insight, education and the development of increased coping skills in a variety of

## **AOD** Specific

relevant to their lives. Exercises from the curriculum workbook are incorporated in adolescent groups dynamics. The program's Educational Component addresses issues using age-appropriate methods that educate youth in a manner diseases; 2) issues specific to adolescents; 3) unique issues directly related to culture or ethnicity; and 4) issues related to family effective adolescent AOD program must address four principal areas: 1) symptoms and patterns of behavior common to all addictive The program consists of AOD education groups and process groups for those minors identified with substance abuse issues.. An

and the Minnesota Department of Corrections. The cognitive/behavioral treatment curriculum maps a life of recovery and freedom for The curriculum workbooks, "A New Direction," combine years of experience between two organizations, the Hazelden Foundation

chemically dependent offenders. Assignments are step by step through intake and orientation, criminal and addictive thinking, drug and alcohol education, socialization, relapse prevention, and release and reintegration preparation.

part of the program requirements for successful graduation and serves as a concrete, visual measurement for clients and an outcome measurement tool for the program. treatment plans based on the individual's strengths, and supported through workbook study groups, peer discussions, school activities, and criminal activity, develop healthier ways of relating to others, and learn to keep recovery strong. They are incorporated into individual check-ins with counselors, and a self-monitored system to encourage individual responsibility. Workbook completion is The curriculum is designed to help clients see how thought processes lock in destructive behaviors, recognize links between addiction

## Gang Prevention

recovery skills issues underlying their gang involvement and help the young person identify a plan for community integration gang avoidance and that utilize a cognitive behavioral and evidence based curriculum. The intervention will be designed to assist minors in addressing For those minors associated with identified gang association and/or challenges the NHP will utilize specially designed interventions

# Anger Management and Violence Reduction

the areas of anger management, conflict resolution and violence reduction. The NHP will utilize a variety of curriculums and approaches to assist clients in developing understanding and skill development in

both men and women. It also addresses the need for young men to recognize and identify the social context in which violence occurs Creighton & Paul Kivel). This curriculum equips young men with the ability to form allies and develop positive relationships with our clients by utilizing "Young Men's Work-Stopping Violence and Building Community (The Oakland Men's Project/Allen reduction, anger management and appropriate adaptive behavior replacement. Our group will address the gender responsive needs of For those clients with a history of aggressive offenses and/or violence towards others, the group is designed to address violence

one's own behaviors. recovery in all areas of life, including school, work, home, social relationships, leisure and play, promoting personal responsibility for Fairness. The goal is to provide a safe, supportive and positively structured environment for adolescents to work a program of community promotes the Six Pillars of Character values of Trustworthiness, Respect, Caring, Citizenship, Responsibility, and

### <u>Orientation</u>

plan development. Youth will be assigned "buddies" to help during their adjustment to the program. with and engaging the family in the treatment process. The youth and family are oriented to the program and participate in treatment treatment team, including the Family Support Partner will initiate contact with the family and/or caretaker as a means of connecting admission to the program the Mental Health Clinician will complete a comprehensive Mental Health Assessment on each client. The and Substance Abuse Counselor who will take into consideration the language and cultural needs of the youth and family. Upon psychosocial Assessment. After assessment, the client is assigned to a treatment team consisting of an MHS Mental Health Clinician Before entering the NHP, the youth completes a thorough assessment that includes the ASI (Addiction Severity Index) and a Bio-

### Level I

expected to be active group members, begin to take risks, express feelings, and to be accountable for their own behavior. Clients learn process groups with emphasis on Mental Health and/or Substance Abuse. Individual and family counseling as indicated. Clients are skills, anger management, art therapy, recreational therapy, community meetings, activity groups, psycho-educational groups and how their core issues relate to being incarcerated and how their choices have affected them at school and at home. Clients and this intensive treatment phase the clients will be assigned to groups focusing on their core needs, including gender specific groups, life enough to have the privilege of voting on group issues. Youth are expected to attend all components of the daily program. During Clients advance to Level I by a decision of their peers based on whether they know and understand group process and rules well

sense of trust and safety. families establish goals for what they want to accomplish while in NHP. Level I is devoted to overcoming denial, and building a

### Level II

treatment. Level II has goals of broaching honesty, accountability, and responsibility. others), and identify triggers. Each new skill is reinforced during group sessions and practiced and modeled in the TC. Clients work family's involvement and participation and develop a Treatment Plan. It becomes a living document during the next level of to be honest about their own feelings and in their feedback to others, and to not condone negative behavior. Clients evaluate their TC government. They expand on tools to manage anger and frustration, recognize and respect boundaries (their own and those of This Level requires accepting greater responsibility within the community. For example, a participant may take a leadership role in

### Level III

group process through acknowledgement of their own problems and ability to give and take feedback. By publicly practicing these Plan and focus on plans to deal with problems their choices have caused in their life and the lives of those close to them. healthy lifestyles and receiving support from the community, these behaviors begin to be internalized. Clients refine their Treatment Clients at this level of treatment solidify the gains they've made and serve as leaders and role-models for the community. They use

### Level IV

substance abuse issues. Topics include relapse prevention, positive family and peer interaction, education, employment, and strategies for remaining crime free, continuing in his education or vocation, and continuing services for identified mental health and/or mental health clinician and substance abuse counselor (if warranted) to finalize the Plan. Each young person's plan contains detailed Discharge Community Reintegration Plan to identify potential problem areas and solution alternatives. Each youth meets with his/her Clients practice their new skills and strengthen their own commitment by teaching these skills to others. The focus is finalizing their

the plan. adults in the young person's life. The full treatment team, including the youth, family and professional staff discuss and agree upon supportive social activities. The family participates in plan development to include support activities for parents or other significant

### Graduation

the youths' community is finalized with a graduation ceremony, a positive, re-affirming event that includes family members, the treatment team, and others in that he/she has earned the promotion, and that his/her achievements have been acknowledged. Successful completion of the program Movement from one level to the next requires passing milestones, including peer panel interviews. This ensures that the youth feels

# From Discharge to Community Reintegration

resources in the community to sustain continued success and decreased recidivism. reintegration, the Discharge Community Reintegration Plan is developed to provide post release referrals, services, and supportive to their communities. MHS recognizes that individual, family, and community re-integration is an ongoing process. To assist with This final phase of treatment begins at discharge, but planning begins at intake. Upon successful completion of the NHP, youth return

# TRAINING AND ORIENTATION

going comprehensive training for our staff as a means of providing the highest quality of services, adherence to best and evidence Probation for review and approval. based practices and model fidelity. Upon approval of the NHP program MHS will provide a detailed training plan to Fresno Juvenile Fresno, Fresno Department of Juvenile Justice. and the State of California. In addition MHS, Inc and the NHP provide a range of on-All NHP staff are fully trained and oriented to provide quality treatment and meet all compliance standards for MHS, Inc, County of

# Additional Staff Training Opportunities

and evidence based models. clinical staff will be trained in ethics, cultural diversity, child trauma, child and adolescent psychopathology, child and adolescent development, therapeutic community, motivational interviewing, behavioral intervention, cognitive behavioral, utilization of strength an accredited Training Academy, CEU's and Conference attendance. Clinicians will receive extensive AOD and education. All MHS, Inc. will provide additional on-going training for clinical staff. MHS, Inc. provides a variety of training opportunities including

MHS, Inc. has utilized Minkoff and Kline in developing additional organizational co-occurring expertise. MHS, Inc. will continue to integrate our pillars of "Cultural Diversity and Inclusion", "Gender Responsiveness" and "Co-Occurring Disorders."

## Proposed Program Staffing

- .10 FTE Program Manager
- 1.0 FTE Program Coordinator
- 2.0 FTE Mental Health Clinicians, MA level
- 2.0 FTE Substance Abuse Counselors
- .50 FTE Family Support Partners
- 1.0 FTE Administrative Assistant
- 07 FTE Program Accountant
- 05 FTE Quality Assurance Specialist

stipend MSW and MFT interns. MHS will incorporate the use of creative staffing to enhance services and maintain budget viability including the use of unpaid or

# **PROGRAM MILESTONES**

Objectives:

Crime Free Lifestyle

**Drug Free Lifestyle** 

Program:

New Horizons Program

**Educational/Vocational** 

Program Activity		Client Milestones		Number
1 Mental Health Clinician and/or	nician and/or	Makes initial contact with		45
Substance Abuse Counselor will	Counselor will	program and agrees to		
meet with participant	pant	participation		
2a Process and Psycinterventions/ground	Process and Psycho-Ed core focus interventions/groups utilizing strength	Minor will gain awareness on how criminal behaviors,		1 40
based interventions, proble and decision making skills.	based interventions, problems solving and decision making skills.	substance abuse and/or mental health issues have negatively impacted them and their families	ntal V	ntal y
2b Bi-weekly Individual Therapy ugender responsiveness, motivinterviewing, positive lifestyle, setting, positive peer pressure	Bi-weekly Individual Therapy utilizing gender responsiveness, motivational interviewing, positive lifestyle, goal setting, positive peer pressure.	Model positive behaviors and be a "role model" to new youth in program	를 <sup>0</sup>	d 35 Jth
2c Bi-weekly Family Therapy focusing on communication, and building a positive family relationship. Family outreach including welcoming phor call inviting family to the program, family outreach including home visiand referrals for family services.	Bi-weekly Family Therapy focusing on communication, and building a positive family relationship. Family outreach including welcoming phone call inviting family to the program, family outreach including home visits and referrals for family services.	Family attends family therapy sessions, family awareness and family support at least once	y	у 25

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Rewards for school achievement	Family Counseling/Support activities	Minor demonstrates an increased emphasis on leadership in milieu, participating as a role-model in groups focused on values and goal setting	Minor will incorporate healthy coping skills by participation in Process and Psycho-Ed focus core groups	Therapeutic milieu using motivational interviewing, cognitive behavioral therapy, and rewards for positive achievements.
Academic gains/credits	Family participation/attendance in Family Therapy Session at least once per month	The youth will publicly (to peers) support a crime free and drug free lifestyle	Minor will demonstrate healthy coping skills.	Attends treatment groups/activities and school 90% of the time making progress on treatment goals including academic progress
20	20	25	30	35 5
120-360	60-365	180-365	100-365	60-365
Pre-post academic testing by school/and report card.	Program attendance record	Staff observation, public presentation in group of peers	Staff observation, clean UA tests results (if warranted), attendance roster and follow up with family and psychiatrist (if needed).	The school report card and attendance records and treatment progress notes.

# **OUTCOME EVALUATION FRAMEWORK**

Program:	New Horizon Program		
	Indicator(s) (may be more than		
Outcome	one per outcome)	Data Source	Data Collection Method
Participants will lead	No new convictions six months after	Follow up telephone contact	-Mental Health Clinician to ask or
a crime free lifestyle	completing in-custody programs	records (arrests) contained in	telephone clients and record response
		Probation data system	-Obtain special report from Probation data system
Participants will be	Number of youth working, in school, or	<ul> <li>Follow up telephone contact</li> </ul>	Telephone or call direct contact
attending school,	vocational program at six months	-Collaboration with family	
working, or in a		-School/Employment records	
vocational program		**************************************	
r ai licipai it wiii	-Nulliber of participants who are suit	-Follow up telebrione contact	-Wertal Health Counselor to ask or
maintain mental	attending therapy who reached the six	or direct contact	telephone participant and record
health stability (if	month marker	-Collaboration with the family	response
warranted)	-Number of participants who are still		-Direct contact with family or telephone
	complying with prescribed medications (if needed) who reached the six month marker		call
Participant will maintain a drug free	-Number of participants who reach six month marker	<ul><li>-Follow up telephone contact</li><li>-Record (urinalysis results)</li></ul>	-Substance abuse counselor to ask or telephone client and record response
lifestyle (if warranted)	-Number of clean during the last three	contained in Probation Data	-Obtain special report from Probation
	-Number clean at six months	System	data system

# RESEARCH AND OUTCOME

eventuality of designing research on our Juvenile Justice SAU and New Horizon models as an additional means of program and model evaluation. model development. We have participated in conversations with faculty at California State Fresno and Focus Forward regarding the MHS, Inc. takes pride in being a "learning organization" and is committed to making contributions in the areas of service delivery and

### **NO HOSTAGE FACILITY**

**SECURITY**: County of Fresno Juvenile Justice Campus, Elkhorn Boot Camp, Fresno County South Annex Jail, Fresno County North Annex Jail, Fresno County Main Jail, Fresno County Satellite Jail and Claremont Custody Center are no hostage facilities operated by the County's Sheriff and Probation Departments.

The security of each Detention Facility is paramount and takes precedence over all processes. Before the start of any work, the Contractor and any subcontractors shall review with a representative of the Sheriff's Department, Probation Department and County Coordinator, the proposed process and how his work will interface with the respective Detention Facility's operations. The Detention Facility's operations shall take precedence. Contractor shall perform his work in accordance with the procedures established by the Sheriff's and Probation Departments. Should any revisions to any procedures become necessary, such revisions shall be reviewed and approved by Sheriff's and Probation Departments and the County Coordinator before execution of such revisions. Exit facilities, distress warning devices and similar devices and similar devices and equipment shall remain operable at times in accordance with regulations of the State Fire Marshall.

The Contractor shall plan and execute his work in such a manner so as to prevent a breach of the Detention Facilities Security or allowing an inmate to escape. This maintenance of security shall remain in effect for the duration of the project.

The Contractor shall be responsible for preventing the introduction of any material or equipment into the facility that could be deemed contraband. Such contraband shall include, but not be limited to tools, equipment, supplies, construction waste, and construction materials.

Only tools, supplies and equipment necessary to complete a given task shall be taken into an inmate occupies space. Such tools, supplies, materials shall be inventoried in and out of the secured area by the Coordinator. Any discrepancy shall be called to the attention of the Sheriff's Department or Probation Department representative immediately.

The Sheriff's Department or Probation Department may want to limit the number of workmen in any one area at one time. Only workers with proper identification as issued by the Sheriff's Department shall be allowed into the work area within the Detention Facilities. The appropriate identification will be issued on an as needed basis.

The Detention Facilities have no "Off Hours". The Contractor shall confer with the Sheriff's Department's representative and County Coordinator on a case by case basis for all work to be performed outside normal hours.

Any violations of security procedures which result in extraordinary man hour expenditures by the County, such as for unscheduled searches to retrieve contraband or man hours costs expended to report and/or recapture in escapee, will be the responsibility of the Contractor.

### FY 2008-2009 BUDGET FRESNO COUNTY

Fiscal Year: Provider Name: Program: FY 2008-2009

Mental Health Systems, Inc.

Fresno Rollup (664, 681, 692)

9465 Farnham Street

9465 Farnham Street

858 573-2600

Mailing Address:

Street Address: Phone Number: No. of Budgeted FTE Administration: 4.56

Submitted by: James Lepanto
Date: October 14, 2008
Approved by: Mindy L. Mailie, Director of Program Accounting

Signature:
Date: October 14, 2008
Fax Number: 858 573-2602
E-Mail Address: lepanto@mhsinc.org

Direct Service: 14.35

\$28,945 \$90,805	\$27,736	\$12,205	\$22,253	\$5,701	\$40,816	\$11,039	\$90,805 \$11,0	\$28,945				EMPLOYEE BENEFITS TOTAL
\$10,371 \$32,536	\$9,938	\$4,373	\$7,973	\$2,043	\$14,625	\$3,955	\$32,536	\$10,371				J203 Retirement J204 Benefits Other - Specify
\$18,574 \$58,269	\$17,798	\$7,832	\$14,280	\$3,658	\$26,191	\$7,084	\$58,269	\$18,574				=MPLOYEE BENEFITS  1201 Health Insurance  1202 Life Insurance
\$14,426 \$45,254	\$13,822	\$6,083	\$11,090	\$2,841	502 \$20,342	\$5,	\$45,254	\$14,426				PAYROLL TAXES TOTAL
												3153 State Disability Insurance 3154 Workers' Compensation Insurance
\$14,426 \$45,254	\$13,822	\$6,083	\$11,090	\$2,841	\$20,342	\$5,502	\$45,254	\$14,426				
												PAYROLL TAXES
\$188,577 \$591,554	\$180,683	\$79,517	\$144,968	\$37,142	\$265,903	\$71,918	\$591,554	\$188,577				SALARIES TOTAL
\$2,080		\$2,080						\$2,080	100%	5%	\$41,600	
\$3,850		\$3,850						\$3,850	100%	7%	\$55,000	
\$16.786	6 0 0	\$16,786					0,000	\$16,786	100%	50%	\$33,571	
6 6 4 4 5 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7 7	1 1 1 1 1 1						917 JA 1		10067	700%	\$20.576	
7 U 4 U 4 U 4 U 4 U 4 U 4 U 4 U 4 U 4 U	440,400						454,544 446,404		100%	100%	776,404 446,404	3126 Substance Abuse Counselor
9440	940,009						\$40,044 900,044		100%	100%	27.7.7.0.00 4.0.00 4.0.00 4.0.00	
240,000	646,0U9						\$46,509 \$46,500		100%	700%	\$46,509	3124 Therapist Licialis MA level
		\$34,403					9	\$34,403	100%	50%	\$68,806	
	\$2,489	\$22,398					\$2,489	\$22,398	90% 10%	50%	\$49,774	
\$11,199 \$1,244			\$1,244	\$11,199			\$1,244	\$11,199		25%	\$49,774	_
\$3,850	2 22		\$3,850				\$3,850		100%	7%	\$55,000	0119 Program Accountant
\$48,152			\$48,152				\$48,152		100%	100%	\$48,152	_
\$48,152	1.11		\$48,152				\$48,152			100%	\$48,152	
			\$41,850	\$10,462			\$41,850	\$10,462		100%	\$52,312	
\$15,481 \$1,720			\$1,720	\$15,481		\$30,370	\$1,720	\$15,481	90% 10%	25%	\$68,806	0115 Clinical Supervisor
533 h 7	35.				€7, <b>5</b> 00	620 576	£4,000	e30 576	1000	200	272,0ED	
944 444 444 444					\$4,944		\$34,944 448,464		%00±	100%	\$49,598	0113 Northern Reg Armin Coord
\$37,128					\$37,128		\$37,128		100%	100%	\$37,128	
\$7,426 \$29,702	1000				\$29,702	\$7,426	\$29,702	\$7,426		100%	\$37,128	_
						\$3,850		\$3,850	100%	7%	\$54,995	
						\$2,080		\$2,080		5%	\$41,600	
\$32,115	10.00				\$32,115		\$32,115		100%	100%	\$32,115	
\$33,862					\$33,862		\$33,862		100%	100%	\$33,862	
\$36,430					\$36,430		\$36,430		100%	100%	\$36,430	
\$39,023					\$39,023		\$39,023		100%	100%	\$39,023	
	000				\$17,202		\$17,202		100%	25%	\$68,806	
\$16,786						\$16,786		\$16,786	<b>.</b>	50%	\$33,571	
\$11,200 \$1,244					\$1,244	\$11,200	\$1,244	\$11,200	90% 10%	25%	\$49,774	0101 Program Manager
											,	PERSONNEL/SALARIES
Admin. Direct	Direct	Admin. Din	Direct	Admin. Direct	Direct	Admin.	Direct	Admin. D	Admin. Direct	this program	Salary	(Must be Itenized)
Total Proposed Budget	rizons		WHAT COLOR	Mental Hea			ndino	County Fu	to services	dedicated to	(19-Month)	Line Item Description
		let	ram Budo	Proposed Program Budget	Pr				% Time dedicated	% of FTE	Annual	Budget Categories-

Printed: 11/21/2008

### **FY 2008-2009 BUDGET** FRESNO COUNTY

Fiscal Year: FY 2008-2009
Provider Name: Mental Health Systems, Inc.
Program: Fresno Rollup (664, 681, 692)
Date: October 10, 2008

Approved by: Mindy E. Mallie, Director of Program Accounting Date: October 10, 2008

\$48,378	\$15,842	\$8,888	\$23,648		RAVEL COSIS TOTAL
\$10,148			\$ fU, 146		TBAVEL COSTS TOTAL
\$9,450	\$3,450	\$2,000	\$4,000		0504 Transportation
\$8,500	\$2,000		\$6,500		
\$20,280	\$10,392	\$6,888	\$3,000		
	•				- A
\$43,200		\$1,200	\$42,000		FACILITIES TOTAL
\$7,200		\$1,200	\$6,000		0453 Utilities
\$5,000			\$5,000		0452 Facilities Maintenance
\$31,000			\$31,000		
					FACILITIES
\$27,340	\$10,800	\$4,330	\$12,210		EQUIPMENT TOTAL
\$7,530	\$2,800	\$730	\$4,000		0403 Equipment Maintenance
\$5,900	\$3,000		\$2,800		0402 Equipment Rent/Lease
\$13,910	\$5,000	\$3,500	\$5,410		0401 Purchase of Equipment
					EQUIPMENT
\$34,250	006'6\$	\$4,350	\$20,000		OFFICE EXPENSE TOTAL
					0355 Legal Notices/Advertising
\$2,400	\$400		\$2,000		0354 Publications
\$6,000	\$1,500	\$2,000	\$2,500		0353 Printing/Reproduction
					0352 Soc Rec., Workbooks
\$25,850	\$8,000	\$2,350	\$15,500		0351 Office Supplies
					OFFICE EXPENSE
\$13,940	\$5,000	\$2,940	\$6,000		COMMUNICATIONS TOTAL
					0302 Answering Service
\$13,940	\$5,000	\$2,940	\$6,000		0301 Telecommunications/data lines
					COMMUNICATIONS
\$52,489	\$17,664	\$11,970	\$22,855		INSURANCE TOTAL
\$3,604	\$1,251		\$1,600		0253 Insurance Other-Specify
\$7,927	\$2,752		\$3,519		0252 Liability Insurance
\$40,958	\$13,661	\$9,561	\$17,736		0251 Worker's Compensation Insurance
					INSURANCE
\$959,561	\$320,046		\$415,520		SALARY, PAYROLL TAX, AND EMPLOYEE BENEFITS TOTAL
Budget	Budget	Budget	Budget	Budget	(Must Be Itemized)
Dronned Dronne	╛	Montal Health / HC)	T IT	Current Aciency	Budget Categories-I ine Item Description

### FY 2008-2009 BUDGET FRESNO COUNTY

Program: Date: Fiscal Year:
Provider Name: FY 2008-2009

Mental Health Systems, Inc.

Fresno Rollup (664, 681, 692)

October 10, 2008

Approved by: Mindy L. Mallie, Director of Program Accounting Date: October 10, 2008

\$169,896			\$169,896		REVENUE/MATCH TOTAL
					3150 Client Fees
					3140 Private Donations
					3130 State Grant
\$169,896			\$169,896		3120 Medi-Cal
					REVENUE/MATCH
\$1,441,403	\$500,389	\$301,117	\$639,896		TOTAL PROGRAM EXPENDITURES
\$192,594	\$70,714	\$38,067	\$83,813		OTHER COSTS TOTAL
\$20,548	\$10,996	\$2,050	\$7,502		0749 Other Business Services
	-				0703 County Administration Fee
\$600	\$200	\$200	\$200		
\$17	\$59,518	\$35,817	\$76,111		0701 Indirect Costs
					OTHER COSTS
\$600	\$200	\$200	\$200		FISCAL AND AUDITS TOTAL
					0652 External Audit
\$600	\$200	\$200	\$200		0651 Accounting/Bookkeeping
					FISCAL AND AUDITS
\$26,030	\$22,880		\$3,150		CONSULTANCY TOTAL
					0602 Contracted Services
\$26,030	\$22,880		\$3,150		0601 Consultant Services
					CONSULTANCY
\$43,020	\$27,343	\$5,177	\$10,500		PROGRAM SUPPLIES TOTAL
\$13,981	\$5,381	\$3,600	\$5,000		0553 Program Supplies-RT/OT Supplies
\$19,008	\$12,381	\$1,127	\$5,500		0552 Program Supplies-Curriculum
\$10,031	\$9,581	\$450			0551 Program Supplies-Client Incentives
					PROGRAM SUPPLIES
Budget	Budget	Budget	Budget	Budget	(Must Be Itemized)
Proposed Program	New Horizons	Mental Health (JJC)	FJT	Current Agency	Budget Categories-Line Item Description

**NET PROGRAM BUDGET** 

\$470,000

\$301,117

\$500,389

### Outpatient Mental Health Services for Adolescents at Juvenile Justice Campus (JJC) Mental Health Systems, Inc.

#### Program Budget February 1, 2008 through June 30, 2008

OPER	ATING EXPENSES:	Total
1060	Telephone	\$1,225
1081	Answering Service	50
1062	Postage	583
1070	Printing/Reproduction	. \$0
1071	Publications	\$O
1072	. Legal Notices/Advertising (includes recruitment)	\$633
1080	Office Supplies & Equipment	5854
1090	Household Supplies	\$0 \$0
1100	Ciothing, Food and Hyglene	
1120	Program Supplies - Therapautic	50
1122	Program Supplies - Medical	\$1,500
1130	Transportation of Clients	\$0
1140	Staff Mileage/vehtcle maintenance	50
1141	Stelf Travel (Out of County)	\$2,870
1150	Staff Training/Registration	\$0]
1151		\$833
1151		\$0
	Lodging	\$0
1152	Olher - Other Business Services	\$740
1153	Other - Depreciation (Building & Equipment)	\$0
1154	other Curiculum	\$42
1155	Communication cell phone, internet OPERATING EXPENSES TOTAL	\$0
FINANC	CIAL SERVICES EXPENSES:	\$8,980
1160	Accounting/Bookkeeping	\$104
1161	External Audit	\$0
1 170	Worker's Compensation Insurance*	\$4,163
1171	Professional Liability Insurance	\$62B
1173	Other - Insurance/General Heblity	\$1,255
Docor	FINANCIAL SERVICES TOTAL	\$6,150
	N. EXPENSES (Consullani/Etc.):	
1120	Consultants	
1181	other Indirect Costs	\$14,434
1182	other	\$D
1183	other Special Expense Town	50
FIXED /	SPECIAL EXPENSE TOTAL ASSETS:	\$14,434
2000	Computers & Software	\$833
2001	Furniture & Fixtures	
	FIXED ASSETS TOTAL	\$625 \$1,458
	Total Program Expe	

	Outnatient Mental Horse Control	A.1.			Page 3 of
	Outpatient Mental Health Services for	Adolescents at .ealth Systems, In	Juvenile Justic	e Campus (JJ(	C)
		gram Budget	.C.		· · · · · · · · · · · · · · · · · · ·
		hrough June 30,	2009		<del>-</del>
$\overline{}$	Calegories -		Total P	roposed Budget	
	m Description (Must be itemized)	FTE %	Admin.	Direct	Total
PERSO	NNEL SALARIES				
0001	Clinical Supervisor	0.50		\$32,240	\$32,240
0002	Unlicensed MH Clinician (Bilingual)	1.00		\$52,000	\$52,000
0003	Unlicensed MH Clinician	1.00		\$47,840	\$47,B40
0004	Unlicensed MH Clinician	1.00		\$47,840	\$47,840
0005	Accountant	0.05	\$2,184		\$2,184
0006					\$0
0007					
PAYRO	SALARY TOTAL LL TAXES	3.55	\$2,184	\$179,920	\$182,104
0030	OASDI				
0031	FICA/MEDICARE		\$159	\$13,134	 \$13,294
0032	U.I.				Ψ ( υ   2 3 4
_	PAYROLL TAX TOTAL		\$159	\$13,134	\$13,294
EMPLO'	YEE BENEFITS				ψ10,E2-T
0040	Retirement	.	\$87	\$7,197	\$7 70 <i>4</i>
0041	Health Insurance (medical vision, life, dental, di	sability)	\$131	\$10,795	\$7,284 \$10,926
0042	Life Insurance		and the second s		
0043	Sick/Vacation time		\$131	\$10,795	\$0 \$10,926
0044					
	EMPLOYEE BENEFITS TOTAL			\$28,787	\$0 \$29,136
	RY & BENEFITS GRAND TOTAL			425,101	\$224,534
FACILIT	IES/EQUIPMENT EXPENSES:				T1100T1
1010	Rent/Maintenance Building				
1020	other Equipment repair/maintenance				\$730
1030	Rent/Lease Equipment				\$100
1050	Utilities				\$1,200
1051 FACILIT	Janitorial   Y/EQUIPMENT TOTAL				\$100
	MENT TOTAL		<u> </u>		\$2,130

		atient Mental Health Services for Adol Mental Health	escents at Juvenile Justice ( Systems, Inc.	Campus (JJC)	
		Program		· · · · · · · · · · · · · · · · · · ·	
		July 1, 2008 throu	gh June 30, 2009	<del></del>	
OPERA	TING EXP	FNSES:			
1050				Tota	
	Teleph			\$2,940	<u> </u>
1061	- i	Ing Service			
1062	Postage			\$200	
1070	Printing	Reproduction			
1071	Publica	Lions			
1072	Legal N	olices/Advertising (Includes recruitment)		\$2,000	
1080	Office 5	opplies & Equipment		\$2,050	
1090	Househ	old Supplies		50	
1100	Clothing	, Food and Hyglono		50	
1120	Program	n Supplies - Therapeutic			
1122		1 Supplies - Medical		\$3,600	<del></del>
1130		rtation of Clients		50	<u> </u>
1140		esgelvehtele maintenanco		<del>                                     </del>	
1141		eval (Out of County)		\$8,888	
1150		ilning/Registration		<del></del>	
1151		<u>Codenation</u>		\$2,000	
1151	Lodging			50	
				<u> </u>	<del>-</del>
152	Olher -	Other Business Services		\$1,776	
153	1	Depreciation (Building & Equipment)		SD	
154	olher	Ситсишт		\$100.	
155	Commu	nication cell phone, internet		SD	
INANCI	AL SERVI	OPERATING EXPENSES TOTAL DES EXPENSES:		\$21,554	
160	1	ng/Booldkeeping			
161	Externat			\$250	
170	1	Compensation insurance*			
171				59,990	
173	1	onal Lipbility Insurance		<u>\$1,508</u>	
.13	Other -	Insurance/General liability FINANCIAL SERVICES TOTAL		\$3,011	·
PECIAL	EXPENSE	S (Consultant/Elc.):		514,757	
180	Consulta	nis			
181	other	Indirect Costs			
182	other		12 11	<u>\$34,642</u>	
183	olher			50	
		SPECIAL EXPENSE TOTAL	1	\$0 \$34,642	
IXED AS	SSET'S:			711-12	
000	Conspute	rs & Soliware		\$2,000	
001	Furniture	& Fixiures		\$1,500	
	<u>                                     </u>	FIXED ASSETS TOTAL		\$3,500	
	1	<del></del>	Total Program Expenses	\$301,117	