

February 22, 2019

## **SJVIA Board Meeting: Consultant's Report on the SJVIA Strategic Planning Meeting**

The SJVIA held its annual strategic planning meeting on Wednesday, January 23, 2019 at Selma, California. In addition to SJVIA Staff and Keenan, SJVIA Directors Crocker and Mendes and County Administrative Officers Britt (Tulare) and Rousseau (Fresno) were present at the meeting. Areas addressed included:

- History of the SJVIA
- Current financial position of the SJVIA
- Claim utilization data
- Carrier and vendor performance
- SJVIA Wellness Program
- Strategies being considered

### **Carrier/Vendor Performance – Strategies Being Considered**

- Minimize claim cost
  - Network discounts
  - Explore whether referenced-based pricing would be a good fit for SJVIA
  - Educate Proper ER Usage – Analyze claims for “Avoidable ER Visits”; employee education on Urgent Care/Kiosks for access to immediate care
- Access to Medical Care
  - On-site clinics; consider partnering with other public entities
  - Medicine-at-work
  - Lower copays for LHO Kiosk usage
  - Regional Medical Tourism program
  - Implementing Centers of Excellence – working with local providers/vendors to develop preferred pricing with better outcomes
  - Engage members with their Providers
- Plan Designs
  - Review current plan designs to consider streamlining benefit offerings
- Reserve Accumulation Strategy
  - The 2019 renewal includes a projected \$4.8 million in reserve accumulation through margin included in the renewal, Kaiser surcharge, and moving the dental plan to self-funding.
- EmpiRx
  - ED Medications – rather than changing quantity limits from eight to four per month, consider requiring Generic over Brand
  - Retail Prescriptions Analysis – mom/pop vs. chain pharmacies
  - Mandatory Mail-order
    - Opt out option
    - Streamline process with online apps available; make it easy for end user

- Employee education campaign on mail order process
- Wellness Program
  - County of Fresno is looking to incentivize member participation in wellness by offering a discount from the carrier rates
  - County of Tulare is looking to expand access for care by introducing more Kiosks
  - Consider partnering with the County Health Department of each county for wellness campaigns and communications
  - Implement health coaching based on biometric screening results
  - Flexible Spending Account incentive
  - Integrate Carriers more completely in Wellness Program
  - Screenings/Wellness Exams – All Members current
  - Healthy Mother/Baby Program
  - Program Development
    - Program designed to improve the health of individuals; the SJVIA population is 80%+ obese which can lead to major diseases and/or comorbidity factors, such as Diabetes, Chronic Obstructive Pulmonary Disease (COPD), Heart Disease and Depression

**SJVIA JPA Participation Agreement**

- Formation of a sub-committee to conduct a thorough review of the SJVIA JPA Participation Agreement in order to make recommendations for revision
  - Consider members of sub-committee: SJVIA Board Members, SJVIA Counsel, SJVIA Administrative Staff, SJVIA Consultant