



SJVIA

San Joaquin Valley
Insurance Authority

BOARD OF DIRECTORS

ANDREAS BORGEAS
JUDITH CASE
MIKE ENNIS
PHIL LARSON
DEBORAH POOCHIGIAN
PETE VANDER POEL
STEVE WORTHLEY

**Meeting Location:
Fresno County Employee
Retirement Association Board
Chambers
1111 H Street
Fresno, CA 93721
July 26, 2013 9:00 AM**

AGENDA DATE: July 26, 2013

ITEM NUMBER: 15

SUBJECT: Receive and File Report on Wellness Activities (I)

REQUEST(S): That the Board of Directors receive and file the report on wellness activities.

DESCRIPTION:

As part of the ongoing campaign to raise awareness of healthy habits and encourage smart lifestyle choices, the participant entities of the SJVIA engaged in a “Walking Works” challenge from May 20th through the 24th for the second year in a row

This year the entities that participated in the event include:

- The County of Fresno
- The County of Tulare
- The City of Tulare
- The City of Ceres

Participants received free pedometers sponsored by various vendors of the SJVIA including Anthem Blue Cross, Delta Health Systems, and Health Now Administrative Services. The daily results were tracked online at each entity .

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Prizes were donated by entities that provide services to the SJVIA including:

- Anthem Blue Cross – Gift Cards to local sports/fitness stores
- US Script – several Fitbit fitness trackers
- VSP – several pairs of sunglasses
- Delta Dental – electric toothbrushes
- BenefitMall (stop loss) – several Fitbit fitness trackers
- Chimienti and Associates – gift cards to local sports/fitness stores
- Hourglass Systems – two mountain bikes
- Gallagher Benefit Services – several gift cards to Target

In addition to the prizes above, many local business donated prizes as well. All participants were eligible for the prizes which were awarded via random drawing. In addition to the prizes at the individual entities, results were tracked for each entity for highest percentage of participation and highest average number of steps. The City of Tulare won overall in both of these categories.

| Department | # of EE's | Participation | | Steps |
|------------------|-----------|---------------|-----|---------|
| | | # | % | Average |
| COUNTY OF TULARE | 3992 | 689 | 17% | 8711 |
| COUNTY OF FRESNO | 6741 | 1196 | 18% | 7610 |
| CITY OF TULARE | 320 | 190 | 60% | 9269 |
| CITY OF CERES | 181 | 50 | 28% | 8494 |

FISCAL IMPACT/FINANCING:

None at this time.

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ADMINISTRATIVE SIGN-OFF:



Jeffrey Cardell
SJVIA Manager



Paul Nerland
Assistant SJVIA Manager

**BEFORE THE BOARD OF DIRECTORS
SAN JOAQUIN VALLEY INSURANCE
AUTHORITY**

IN THE MATTER OF Receive and File Report on Wellness Activities

RESOLUTION NO. _____

AGREEMENT NO. _____

UPON MOTION OF DIRECTOR _____, SECONDED BY
DIRECTOR _____, THE FOLLOWING WAS ADOPTED BY
THE BOARD OF DIRECTORS, AT AN OFFICIAL MEETING HELD _____
_____, BY THE FOLLOWING VOTE:

AYES:
NOES:
ABSTAIN:
ABSENT:

ATTEST:

BY: _____

* * * * *

That the Board of Directors received and filed the report on wellness activities