



walking works!



Final Results!



A **BIG** thank you to everyone who participated in the “Walking Works!” Challenge, especially the Department Liaisons. This event was a huge success and we hope that you have been inspired and will remain motivated to keep walking for the benefit of your health!

Final "Walking Works!" Challenge Results.

Hundreds of County employees reported thousands of steps! Congratulations goes to the following departments for leading the way!

Are you going to continue to walk? What changes are you making as a result of this Challenge? Tell you your story and we may use it in an upcoming feature. Click [here](#).

• HIGHEST PERCENTAGE OF PARTICIPATION:

Fresno County Employees Retirement Association (FCERA) had the highest percentage of participation at **98%**! Way to go!



Walking Works!

PRIZES!

The County of Fresno would like to thank the following donors for their generous contribution toward the Walking Works! Challenge. Their donation helped us make this year's challenge even better. We value their commitment towards helping our employees lead healthier lives. Prizes were randomly awarded to Fresno County participants from each day of the challenge.

Prizes:

- **One month of free produce (T.D. Willey Farms): Luvenia Johnson - DCSS**



- **BBQ Serving Set (Costco): Shaun Johnston - Internal Services**



- **Exercise gear (Sierra Running Company): Brad Farr - Public Health**



- **Power Toothbrush & floss brush pack (Delta Dental): Deborah Cooley - DSS; Linda Calandra - Library; Mike Yang - Behavioral Health; Martin Coldwell - Public Works**



- **Three Target gift cards (Gallagher Benefit Services and Employee Benefit Specialists): Matthew Gonzalez - ACTTC \$25; Helen Marquez - DA \$25; Carmen Perez - DSS \$50**



- **\$100 Whole Foods gift card (Liberty Mutual): Beatrice Sanchez - Probation**



- **Stress relief gift set (Kaiser Permanente): Celeste Ramos - DSS; Maria Rojas Singh - Public Health**



- **Two free climbing classes (Touchstone Climbing & Fitness): Nicole Moses - DSS; Surinder Sandhu - Sheriff; Jennifer Bethel - Public Works; Erika Rojas - DSS**



- **Three Dick's Sporting Goods gift cards (Anthem Blue Cross and Chimienti & Associates): Nina Quiroz - Probation \$100; Joanna Chase - Library \$50; Shelly Dorn - DSS \$50**



- **\$100 value Nautica and Michael Kors sunglasses (VSP): Leticia Molano - Library; Brian Burton - Agriculture**



- **Fitbit Activity Tracker (US Script and Benefit Mall): Phil Guth - DSS; Randy Bell - Library; Denise Myers - DCSS; John Baker - DSS**



- **Diamondback mountain bike (Hourglass Systems): Lori Liles, DA**





- **HIGHEST AVERAGE STEPS:**

County Counsel led the way with the highest average steps taken at **12,641!** Great job!



- **OVERALL RESULTS:** View the final results of all departments by clicking [here](#).

Competition Results for the County of Fresno

- The City of Tulare won both the percentage of participation with 59% and the highest average number of steps at 9,095.

Prizes

A random drawing was held to award prizes to employees who participated in the "Walking Works!" Challenge. Click [here](#) to see who the lucky winners are!

WALKING WORKS HOME

Walking Works Across The Valley

By KSEE News

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Last week employees from the Counties of Fresno & Tulare and the cities of Tulare, Ceres & Waterford put their best feet forward for good health.

It was all part of the San Joaquin Valley Insurance Authority's push to improve physical fitness. In addition to getting folks moving, the week-long challenge also created a little friendly competition between the groups of walkers.

