



# SJVIA

San Joaquin Valley  
Insurance Authority

## BOARD OF DIRECTORS

Andreas Borgeas

JUDITH CASE

MIKE ENNIS

ALLEN ISHIDA

PHIL LARSON

DEBORAH POOCHIGIAN

PETE VANDER POEL

**Meeting Location:  
Tulare County Human  
Resource and Development  
Test Room  
2900 W Burrel  
Visalia, CA  
April 19, 2013**

**AGENDA DATE:** April 19, 2013

**ITEM NUMBER:** 10

**SUBJECT:** Results of the SJVIA Health Evaluations for 2013

**REQUEST(S):** That the Board receive and file summary results of the Health Evaluations for 2013

### **DESCRIPTION:**

As part of the SJVIA's ongoing focus on wellness and healthy living, health evaluations were again conducted at the County of Fresno, County of Tulare, and the City of Tulare during the months of January and February. The summary of the aggregate results is attached and will be reviewed during the meeting by a member of the Delta TeamCare staff. All participants were sent a comprehensive report, have access to online resources and telephonic health coaching through Delta TeamCare. The attached report details the results but several statistics are highlighted below:

- 716 employees participated in the program, 36 fewer than last year
- 72% of participants were female
- 168 newly discovered conditions were reported to participants
  - 21 were considered very serious

**AGENDA: San Joaquin Valley Insurance Authority**

**DATE: April 19, 2013**

- 67 employees' results included a condition that required immediate medical attention
  - 36 were related to high cholesterol
  - 1 was related to possible cancer.
- 63 employees were highlighted as members who tested abnormal for diabetes, blood pressure and cholesterol but were not on medication (medication was recommended).

The participating entities will be evaluating the results as they relate to their population and will be planning activities and campaigns targeting areas of concern. Additionally, staff will be evaluating and recommending options to your Board to increase participation next year.

**FISCAL IMPACT/FINANCING:**

None.

**ADMINISTRATIVE SIGN-OFF:**



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**Jeffrey Cardell**  
**SJVIA Manager**



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**Paul Nerland**  
**Assistant SJVIA Manager**

**BEFORE THE BOARD OF DIRECTORS  
SAN JOAQUIN VALLEY INSURANCE AUTHORITY**

**IN THE MATTER OF** Results of the Health Evaluations for 2013

**RESOLUTION NO.** \_\_\_\_\_  
**AGREEMENT NO.** \_\_\_\_\_

**UPON MOTION OF DIRECTOR \_\_\_\_\_,  
SECONDED BY DIRECTOR \_\_\_\_\_, THE FOLLOWING WAS ADOPTED  
BY THE BOARD OF DIRECTORS, AT AN OFFICIAL MEETING HELD \_\_\_\_\_  
\_\_\_\_\_, BY THE FOLLOWING VOTE:**

**AYES:  
NOES:  
ABSTAIN:  
ABSENT:**

**ATTEST:**

**BY:** \_\_\_\_\_

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That the Board received and filed summary results of the Health Evaluations  
for 2013