

# San Joaquin Valley Insurance Authority

## BOARD OF DIRECTORS

SUSAN B. ANDERSON

JUDITH CASE

MIKE ENNIS

ALLEN ISHIDA

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PETE VANDER POEL

Meeting Location:  
Fresno County Employee Retirement  
Association Board Chambers  
1111 H Street  
Fresno, CA 93721  
April 20, 2012  
9:00 AM

**AGENDA DATE:** April 20, 2012

**ITEM NUMBER:** 11

**SUBJECT:** Receive and File Report on Delta TeamCare Wellness Evaluations

**REQUEST(S):** That the Board Receive and File Report on Delta TeamCare Wellness Evaluations

### **DESCRIPTION:**

At the October 7, 2011 meeting, your Board approved a contract with Delta TeamCare to perform wellness evaluations and provide other services to heighten SJVIA health plan participants' awareness of the importance of healthy living. The evaluations were conducted at both the County of Fresno and Tulare during the months of January and February. The aggregate results demonstrate that there is significant opportunity for SJVIA to promote preventive care and healthy lifestyles. All participants were sent a comprehensive report, have access to online resources and telephonic health coaching through Delta TeamCare. The attached report details the results but several statistics are highlighted below:

- **752** employees participated in the program.
- **75%** of participants were female.
- **356** newly discovered conditions were reported to participants
  - **29** were considered very serious.
- **86** employees' results included a condition that required immediate medical attention
  - **43** were related to high cholesterol
  - **25** were related to possible cancer.
- **79** employees were highlighted as members who tested abnormal for

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diabetes, blood pressure and cholesterol but were not on medication (medication was recommended).

Both Counties have reviewed the results both for the SJVIA and for their respective population and have developed a calendar of activities that would benefit their employees. Of concern to SJVIA staff is the low participation rate for the program (10% participated). Item 12 suggests a plan of action for the SJVIA regarding wellness activities that will increase participation and maximize the use of resources available. It is recommended that the SJVIA may offer the wellness evaluations again in the future as part of that strategy.

**FISCAL IMPACT/FINANCING:**

None

**ADMINISTRATIVE SIGN-OFF:**



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Paul Nerland  
SJVIA Manager



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Jeffrey Cardell  
SJVIA Assistant Manager