

San Joaquin Valley Insurance Authority

BOARD OF DIRECTORS

SUSAN B. ANDERSON

JUDITH CASE

MIKE ENNIS

ALLEN ISHIDA

PHIL LARSON

DEBORAH POOCHIGIAN

PETE VANDER POEL

Meeting Location:
Tulare County Employee Retirement
Association Board Chambers
136 N. Akers Street
Visalia, CA 93291
January 20, 2012
9:00 AM

AGENDA DATE: January 20, 2012

ITEM NUMBER: 6(c)

SUBJECT: Receive and File Report on Scheduled Wellness Efforts

REQUEST(S): That the Board Receive and File the Report Scheduled Wellness Efforts

DESCRIPTION:

On August 26th, 2011, your Board approved Delta TeamCare (DTC) as the Wellness vendor for the SJVIA. The contract with DTC was selected to offer health evaluations and coaching to SJVIA participants in an effort to raise awareness and emphasize prevention and proactive behavior to those who participate. The health evaluations are offered at no cost to the employees and will be performed at sites convenient for the employee. Each participant will receive a thorough report with their results and applicable information related to any areas of concern. These efforts, in conjunction with prudent management of the SJVIA's medical plans are an integral part of the mitigation of future plan costs.

In early September both Fresno and Tulare County began the implementation and strategy development process with the DTC team. Through weekly conference calls, both Counties developed their own unique communication plans and materials to best suit the needs and culture of their respective populations. Samples of a communication piece used for each County are attached for your file.

Beginning this month, DTC staff will be onsite at various locations in both Counties performing the health screenings for employees. Tables are attached outlining the locations offering the screenings. Following the completion of the scheduled evaluation dates, if there is continued interest, further dates may be scheduled. Board Members are welcomed and encouraged to participate in the program at any location or time that is convenient. As of the date of this report the County of Fresno has 256 enrolled to participate and County of Tulare has 108 enrolled to participate.

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FISCAL IMPACT/FINANCING:

The cost of wellness program as identified in a previous report is estimated to be \$460,000 if there is a 30% participation rate. The health screenings are offered at a cost to the SJVIA of \$195 per participant, estimated cost with current enrollment is \$50,000. The SJVIA only pays for employees that participate in the program. There are sufficient funds in the SJVIA to accommodate this expense.

ADMINISTRATIVE SIGN-OFF:



Paul Nerland
SJVIA Manager



Jeffrey Cardell
Assistant SJVIA Manager

**BEFORE THE BOARD OF DIRECTORS
SAN JOAQUIN VALLEY INSURANCE
AUTHORITY**

IN THE MATTER OF Receive and File Report on Scheduled Wellness Efforts

RESOLUTION NO. _____
AGREEMENT NO. _____

UPON MOTION OF DIRECTOR _____, SECONDED BY DIRECTOR _____
_____, THE FOLLOWING WAS ADOPTED BY THE BOARD OF DIRECTORS, AT AN
OFFICIAL MEETING HELD _____, BY THE FOLLOWING VOTE:

AYES:
NOES:
ABSTAIN:
ABSENT:

ATTEST:

BY: _____

* * * * *

That the Board Received and Filed the Report on Scheduled Wellness Efforts