

The County of Tulare is offering a NEW Wellness Benefit!!

Wellness is now easier than ever with **FREE**
Healthcare that comes to **YOU!**

Take 15 minutes for your health
Your results are 100% confidential



The County of Tulare is offering ***FREE*** onsite preventative health evaluations for All County Employees who are Enrolled in an Anthem Blue Cross Medical Plan during the month of **January 2012**.

We are excited to offer **“Preventative Health Evaluations”** which include:

- **Blood pressure analysis**
- **Health Risk Assessment**
- **Comprehensive blood test** —which includes—
 - Cardiovascular disease risks (high cholesterol; high blood pressure)
 - Blood, bone and muscle disease (including certain types of cancer)
 - Diabetes, Liver and Kidney disease.

Other great health and wellness benefits include...

Unlimited access to a “members-only” health management website, personal health evaluation results packet, educational webinars/classes and personal health coaching.



More Information COMING SOON...