



# County of Fresno Wellness Program Annual Health Evaluation Information

## ***The County of Fresno is offering a new wellness benefit!***

The County of Fresno values your health and continues to identify programs and tools to assist you. We are pleased to announce our partnership with Delta TeamCare and Interactive Health Solutions to provide a **new confidential and comprehensive health and wellness program** for employees. Delta TeamCare provides a confidential, 3rd-party health and wellness solution in the workplace. This health and wellness program includes:

- Comprehensive Onsite Health Evaluation & Health Questionnaire
- Online Health Education and Tracking Tools
- 1-on-1 Telephonic Health Coaching Programs
- Onsite Educational Seminars and Classes

To begin the program, the County of Fresno is offering **free health evaluations** for all **County Employees who are enrolled in an Anthem Blue Cross Medical plan** during the month of January 2012. The health evaluation will consist of a 35-panel blood screening, blood pressure analysis and abbreviated health risk assessment. Employees will have the choice of scheduling an evaluation at one of the County of Fresno locations listed on the next page or visiting a LabCorp facility close to your home or work for the evaluation. **To be eligible for the County of Fresno Annual Health Evaluations, you must be a County employee who is enrolled in an Anthem Blue Cross Medical plan.**

## ***Make your appointment today!***

Call **800-840-6100** or register online at **[www.interactivehs.com](http://www.interactivehs.com)** and click on "Need a User Name and Password? [Register Now](#)." First-time website users will have to register using the **Sponsor Code V9P2R**

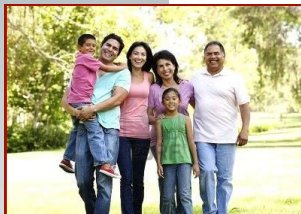
### ***Unable to attend an onsite health evaluation?***

If you are unable to attend an onsite health evaluation, simply call **800-840-6100** for a **Test on Demand** packet. The packet will include instructions, your health questionnaire and directions to the nearest LabCorp facility for you to complete the evaluation at your convenience. Please call today through February 17, 2012 to request your packet. **You must complete your Test on Demand by February 28, 2012.**

### ***Tests conducted during Delta Health Connect include:***

**Anemia, Cholesterol, Diabetes, Blood Disease, Prostate Cancer, Thyroid, Liver and Kidney Function.** Delta Health Connect does not include testing for drugs, alcohol or HIV.

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- Plaza Building 2220 Tulare St.** January 9-13 Beginning at 7:15 a.m.  
**Hall of Records 2281 Tulare St.** January 16-20 Beginning at 8 a.m.  
**Children Services 1404 L Street** January 16-17 Beginning at 8:30 a.m.  
**Central Library 2420 Mariposa** January 24-25 Beginning at 8:30 a.m.  
**Juvenile Justice Campus 3333 E. American** January 13, 23 & 27 Beginning at 8 a.m.  
**Brix/Mercer Building 1221 Fulton Mall** January 9-12 Beginning at 8 a.m.  
**Center Mall Court 2011 Fresno St.** January 16-17 Beginning at 8 a.m.  
**Crocker Bldg. 2135 Fresno Street** January 18-20 Beginning at 8 a.m.  
**Heritage (DA) 3127 N Millbrook** January 10 Beginning at 8 a.m.  
**Heritage (Children's Mental Health) 3133 N Millbrook** January 24 Beginning 8:30 a.m.  
**Heritage Campus 3151 N. Millbrook** January 26 & 30 Beginning at 8:30 a.m.  
**UMC Campus Main Bldg. 4455 E Kings Canyon** Jan 30 & Feb 1 Beginning at 8 a.m.  
**UMC Campus-Commissary 4449 E Kings Canyon** February 6 Beginning at 8 a.m.  
**UMC Campus—Barton 4445 E Inyo** January 9-10 Beginning at 8 a.m.  
**UMC Campus-Huntington 4325 S Boyd** February 2-3 Beginning at 8 a.m.  
**UMC Campus-Paths 515 S Cedar Ave** January 25 Beginning at 8:30 a.m.  
**UMC Campus Bldg 319 –Intensive Svs Bldg. 4441 E Kings Canyon Rd** January 12, 13 & 31  
Beginning at 8:30 a.m.  
**UMC Campus-Facility Svs 4590 E. Kings Canyon** January 26 Beginning at 8:30 a.m.  
**West Fresno Regional 142 E. California Avenue** February 2-3 Beginning at 8 a.m.  
**Senior Resource Center 2025 E Dakota** January 19-20 Beginning at 8 a.m.  
**Fulton Mall 1821 Fulton Street** January 18 Beginning at 8 a.m.  
**Elections/Hamilton Yard 4525 E Hamilton** January 11 Beginning at 8:30 a.m.  
**Tenth Street 1020 S. Tenth Street Fresno** January 26 Beginning at 8 a.m.  
**Fine Street 2048 Fine Ave** January 25 Beginning at 8 a.m.  
**Selma Resource Center 3800 McCall Avenue Selma** January 27 Beginning at 8 a.m.  
**Coalinga 311 North 5th St** February 1 Beginning at 8:30 a.m.  
**Reedley 1680 E Manning Reedley** January 31 Beginning at 8 a.m.
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## *Program Details...*

The employee health evaluation starts with you fasting for 12 hours before your scheduled time. On the day of the health evaluation, an onsite Delta TeamCare phlebotomist will draw your blood and I nvite you to complete a brief questionnaire that asks you general questions about your health. **This evaluation is confidential and HIPAA compliant – you will be the only one that knows the results of your evaluation.**

About 72 hours after your evaluation, you will be able to get your test results online. You will also receive a packet in the mail at your home address in about two weeks which will explain your health evaluation results in detail. A Delta TeamCare health educator is available to answer your health questions or coach you on ways to lead a healthier lifestyle. You can contact a health educator at **1-866-724-0032**.

After your health evaluation is complete, you may receive a call from a Delta TeamCare nurse or health educator. The Delta TeamCare staff is dedicated to providing you knowledge and resources to improve your health. The calls made by the nurses and health educators are confidential. The purpose of these calls is to offer additional resources or answer any questions you may have.