San Joaquin Valley Insurance Authority

Meeting Location:
Fresno County Employee Retirement
Association Board Chambers

1111 H Street Fresno, CA 93721 October 7, 2011 9:00 AM **BOARD OF DIRECTORS**

SUSAN B. ANDERSON

JUDITH CASE

MIKE ENNIS

ALLEN ISHIDA

PHIL LARSON

DEBORAH POOCHIGIAN

PETE VANDER POEL

AGENDA DATE: October 7, 2011

ITEM NUMBER: 8

SUBJECT: Approval of the Wellness Program Contract with Delta TeamCare

REQUEST(S): That the Board approves the proposed contract with Delta TeamCare and

authorizes execution of the contract by the SJVIA President.

DESCRIPTION:

At the August 26th meeting, your Board of Directors approved the selection of Delta TeamCare to provide wellness services to members of the SJVIA and also directed staff to present a recommended contract with summary of provided services at this meeting.

SJVIA Staff and Counsel have reviewed the contract from Delta TeamCare and have approved the attached agreement. The contract with Delta TeamCare included the following services:

- <u>Health Risk Assessments</u> participants complete a health assessment online or in person at one of the wellness events to be scheduled after the first of the year at various locations.
- <u>Delta Health Connect</u> onsite health evaluations consisting of a battery of 34 diagnostic tests via venipuncture to detect a wide range of health problems.
- <u>Interactive Health Index (IHI)</u> participants receive a personalized health score based on six measurable, controllable health factors. This IHI gives a simple and easy to understand metric to describe the participant's current health state and a clear goal to aim for in terms of overall health and wellness.
- <u>Personal Health Report</u> each program participant receives a health report which outlines the evaluation results, reviews potential health problems, and described personalized strategies for the individual to address both current health problems

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and maintain long term health.

- Website Access private website access that will provide access to health evaluation results as well as information on health topics and opportunity to consult with medical staff.
- Outcome Reporting aggregate reporting to assist the SJVIA in evaluating the health needs of the workforce. This information will also be the basis for focused programs and calculation of a measurable return on investment.
- <u>Health Newsletter</u> quarterly newsletter containing general health topics
- Personal Health Coaching access to a suite of individual health improvement courses delivered telephonically, online, or onsite by Masters Degreed Health Educators. Topics include, but are not limited to, smoking cessation, weight loss, managing cholesterol, managing high blood pressure, fitness, nutrition, pre & post natal care, and stress management.

Also, upon review of the proposed services and program costs it was determined by GBS and staff that the Anthem 360 does not duplicate the services mentioned above. Though a disease management program similar to Anthem 360 is offered through Delta TeamCare at a similar cost, it is the recommendation of staff and GBS to remain with Anthem 360 for disease management for the 2012 plan year.

FISCAL IMPACT/FINANCING:

As reflected in the SJVIA Financial Report, the SJVIA had a balance of approximately \$423,085 in line items designated for Claims Mitigation (Wellness) and Communication. Approximately \$13,000 was spent after June 30, 2011 and would reduce the available balance to approximately \$410,000. Based on current enrollment, it is projected that an additional \$150,000 will be collected between June 30, 2011 and December 31, 2011 and an additional \$285,000 between January 1, 2012 and December 31, 2012.

- Approximate Claims Mitigation/Communication Funds Available: \$410,000
- Projected Revenue June 30, 2011 through December 31, 2011: \$150,000
- Projected Revenue January 1, 2012 through December 31, 2012: \$285,000
- Total Projected Funds Available:

\$845,000

The approximate costs for implementing the Delta Team Care program are as follows:

\$461,982 (anticipating a 30% participation rate) \$615,976 (anticipating a 40% participation rate) **AGENDA**: San Joaquin Valley Insurance Authority

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In the first year, the cost of the recommended wellness program, according to participation will be covered either completely or in part by the funds accrued in 2010 and 2011 for Claims Mitigation/Communication. Medical and Rx claims may initially increase slightly for both due to increased utilization prompted by a heightened or new awareness of potential health issues in SJVIA participants.

ADMINISTRATIVE SIGN-OFF:

Poul Neil

Paul Nerland SJVIA Manager Jeffrey Cardell SJVIA SJVIA Manager

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BEFORE THE BOARD OF DIRECTORS SAN JOAQUIN VALLEY INSURANCE AUTHORITY

IN THE MATTER OF Approval of the Wellness Program Contract with Delta TeamCare

	RESOLUTION NOAGREEMENT NO
, THE FOLLOWING WAS AT	, SECONDED BY DIRECTOR DOPTED BY THE BOARD OF DIRECTORS, AT AN
OFFICIAL MEETING HELD OCTOBER AYES: NOES: ABSTAIN: ABSENT:	7, 2011, BY THE FOLLOWING VOTE:
ATTEST:	
BY:	* * * * * * * * * * *

That the Board approved the proposed contract with Delta TeamCare and authorized execution of the contract by the SJVIA President.