



Sign Up for Your Free Biometric Screening

On-site Biometric Screenings include:

- A venipuncture blood draw to measure your total cholesterol, HDL cholesterol, LDL cholesterol, triglycerides, and blood glucose
- Checking your blood pressure
- Measuring your body composition, including height, weight, Body Mass Index (BMI), and waist measurement

You are encouraged **NOT** to eat or drink anything for at least nine hours prior to your **CONFIDENTIAL** screening (with the exception of water and daily medications). Please contact the Viverae Health Center with any questions or concerns at 888-VIVERAE (848-3723).

Sign up

- **Log on to** www.sjviawellnessworks.com
- Click the **Events** calendar icon
- Choose **View All** to see a complete list of Biometric Screenings
- Click **OK** to complete the sign-up for your screening
- You can also register by calling the Viverae Health Center at 888-VIVERAE (848-3723)

Click [here](#) to see which locations, dates, and times are available.

If you cannot make an available on-site screening, you can request a LabCorp form by calling the Viverae Health Center at 888-848-3723 or by logging into www.sjviawellnessworks.com and going to the *Resources* tab. You can take your form and test at a local LabCorp facility.



Questions?

Contact the Viverae Health Center at 888-VIVERAE (848-3723).

All programs are confidential and HIPAA-compliant. Any information shared with the Viverae team will not be disclosed except in accordance with HIPAA laws. Your Protected Health Information (PHI) will not be shared with your employer.